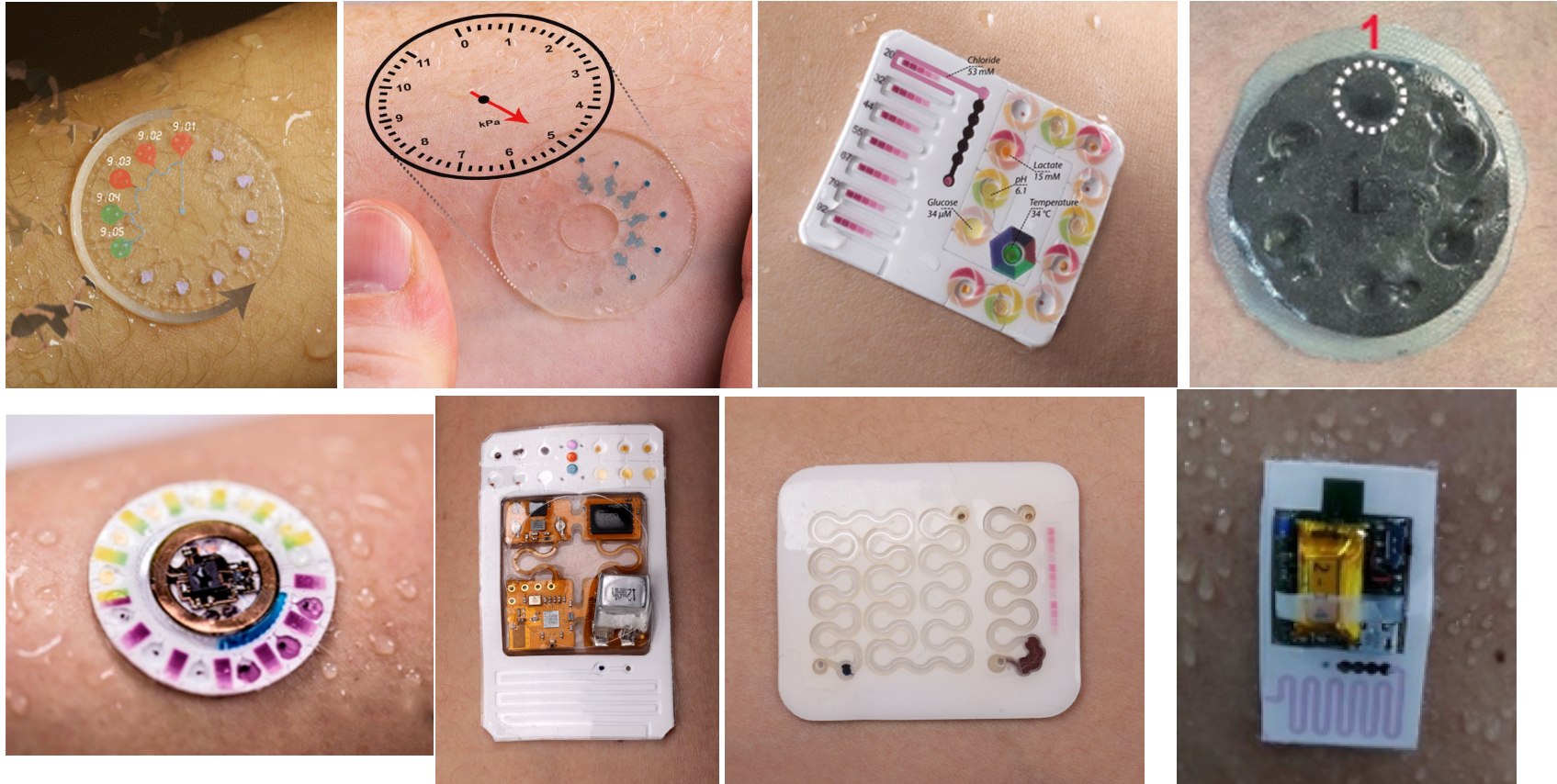


미세유체 기반 헬스케어 플랫폼



2025년 12월 18일

최정일
아주대학교

연사 소개



최정일

E-mail: cji@ajou.ac.kr

Phone: 031-219-2343

Homepage: softlab.ajou.ac.kr

Education

B.S 2001-2007 Seoul National Univ. **Mechanical** and Aerospace Engineering

M.S 2008-2010 Seoul National Univ. **Mechanical** and Aerospace Engineering (터보기계연구실)

PhD 2011-2015 Seoul National Univ. **Electrical** and Computer Engineering

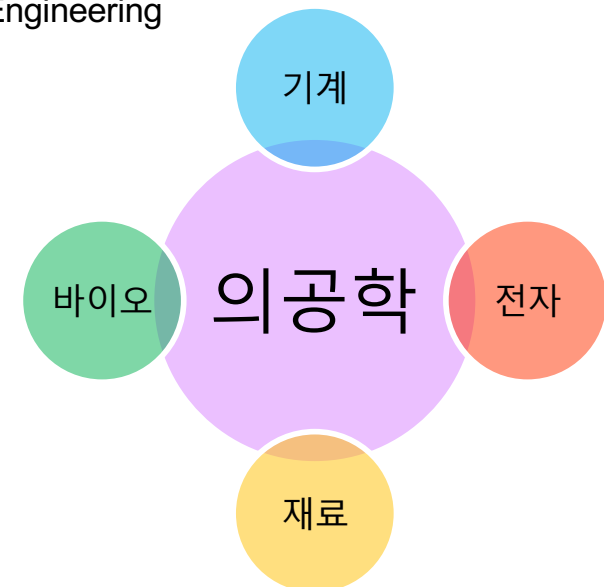
Career

2015-2016 **Quantamatrix**, Inc. (의공학 스타트업)

2016-2019 Northwestern Univ. **Material** Science Engineering

2019-2021 Kookmin Univ. School of Mechanical Engineering

2022- Ajou Univ. Dept. Mechanical Engineering



지구와 생명의 역사

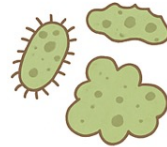
- 지구의 생성: 46억 년 전
- 생명의 기원: 약 40억 년 전, 유기 분자 (유전 물질)
 - 해양에서 화학 반응이 일어나 생명의 조직인 세포가 형성 ‘추정’
- 35억 년 전 : 조류와 미생물 등의 간단한 생물체
- 20억 년 전 : 광합성 시작 → 산소가 대기로 노출
- 5억 년 전 : 다세포 생물(곤충, 양서류, 파충류, 포유류 등의 진화)
- 600만년 전 : 인간의 공통 조상 등장
- 20만년 전 : *homo sapiens* 등장
- 1만년 전 : 문명의 발전



46억년



40억년



35억년



5억년



20만년

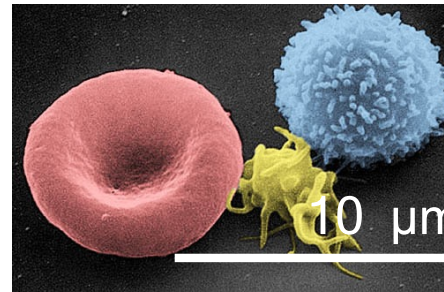
바이오유체와 세포의 크기

Biofluids

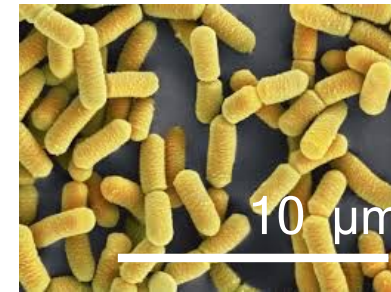


Micron-sized Cells

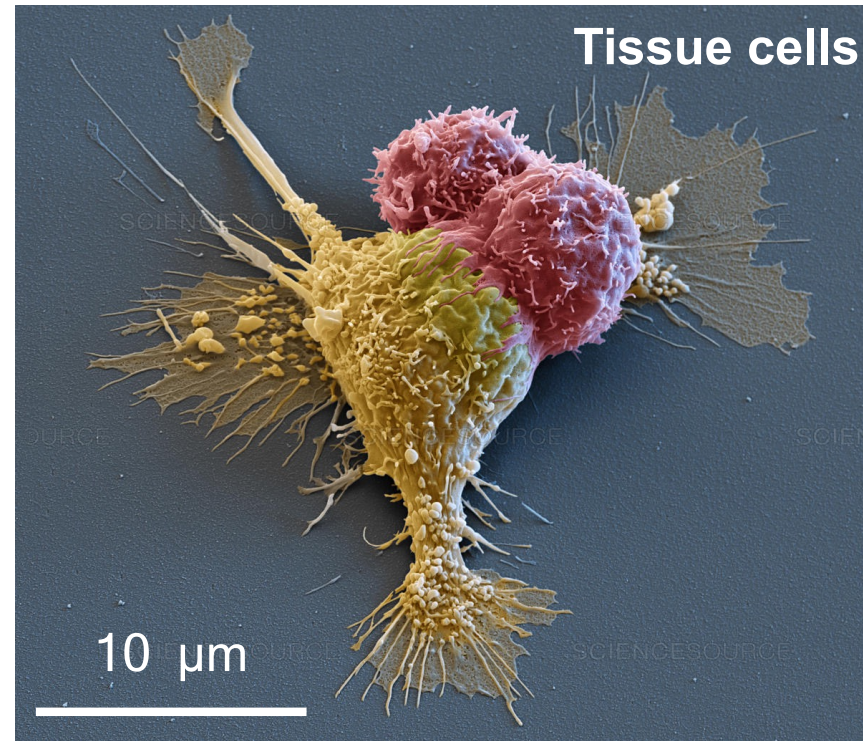
Blood cells



Bacteria cells



Tissue cells



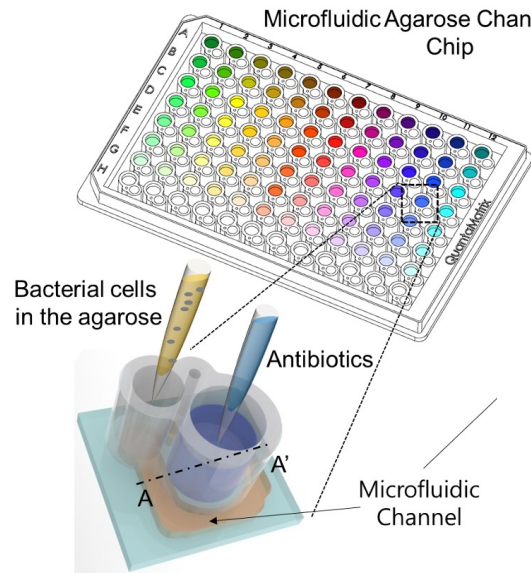
바이오유체 관련 연구 주제

웨어러블 땀센서



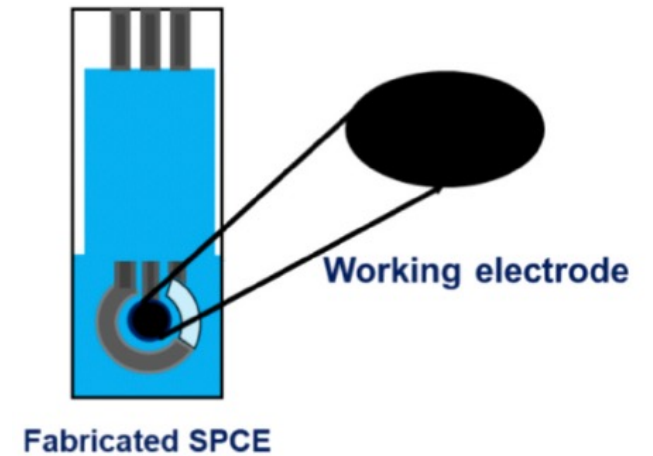
Lab Chip, 2025
Chem. Eng. J., 2025
Adv. Health. Mat., 2021
Adv. Func. Mat., 2021
Sci. Adv., 2019
Sci. Adv., 2018

세포 약물 검사



Lab Chip, 2025
Lab Chip, 2023
Lab Chip, 2020
Sci. Trans. Med., 2015

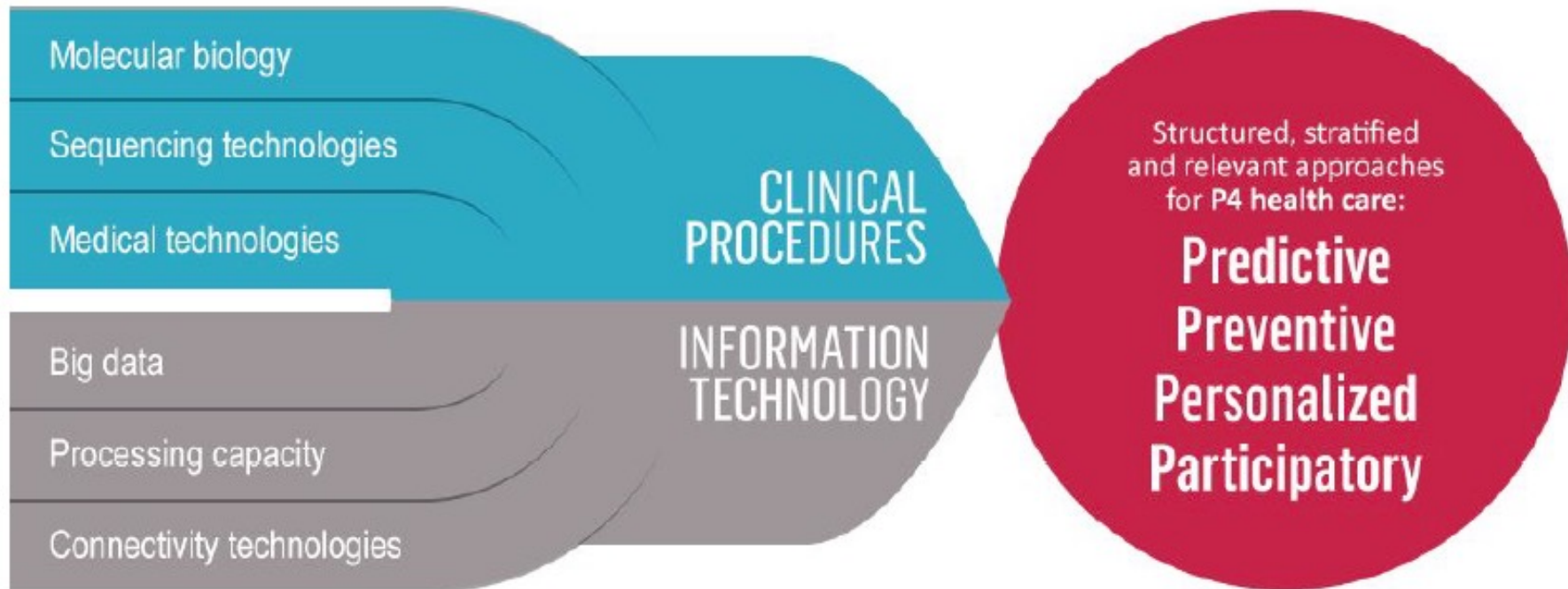
진단 센서



Bioelectrochemistry, 2025
ACS Sens., 2023
Anal. Chim. Acta, 2023

4P-centric medical practice

- Paradigm shift in medical practice
- Treatment → Disease Prevention and Health Care

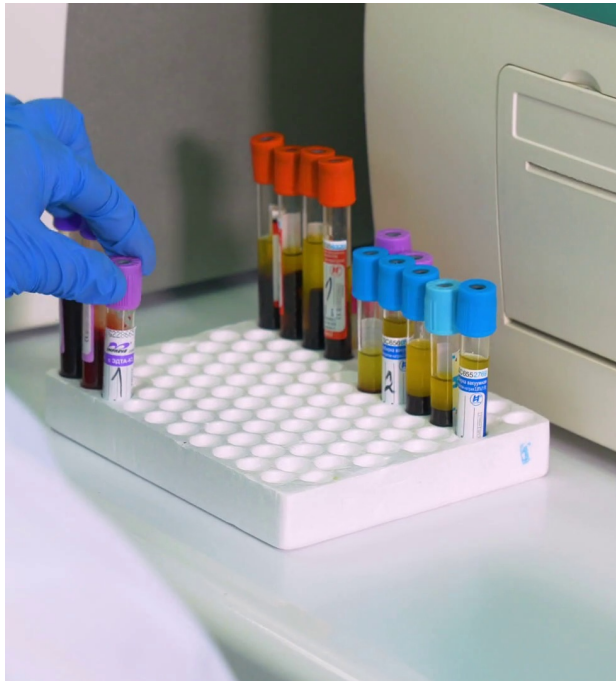


* 출처: Quebec Network for Personalized Health Care (QNPHC)

From Lab Analysis to Wearable Sensors



Lab Analysis



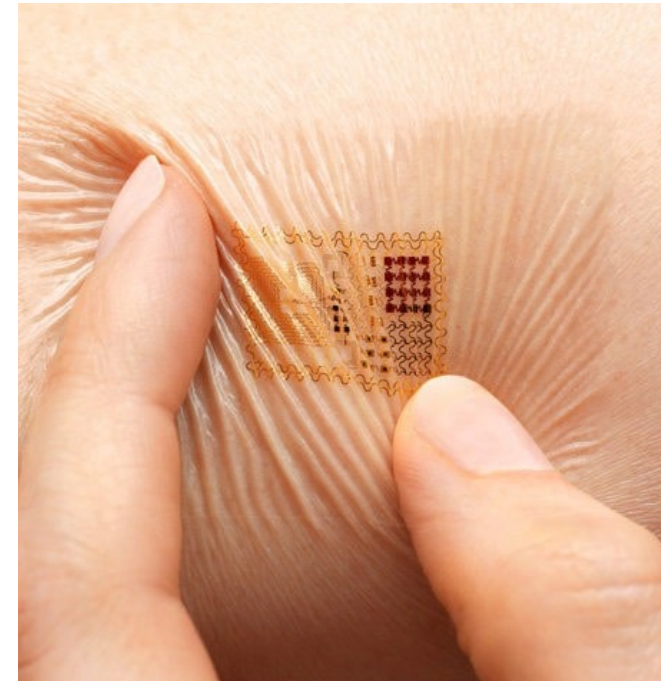
videoblocks.com

Point of Care



toptenselect.com

Wearable Sensors



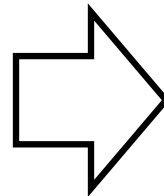
Kim et al. Science (2011)

Sweat Analytics for Health Monitoring

Current: **Blood**



© Ilya Andriyanov / Shutterstock



New: **Sweat**

Rich content of important biomarkers

<i>Biomarkers</i>	<i>Physiological States</i>
Sweat rate	Dehydration
pH	Metabolic alkalosis
Glucose	Diabetes
Lactic acid	Physical exertion
Chloride ion	Electrolyte balance, Cystic fibrosis

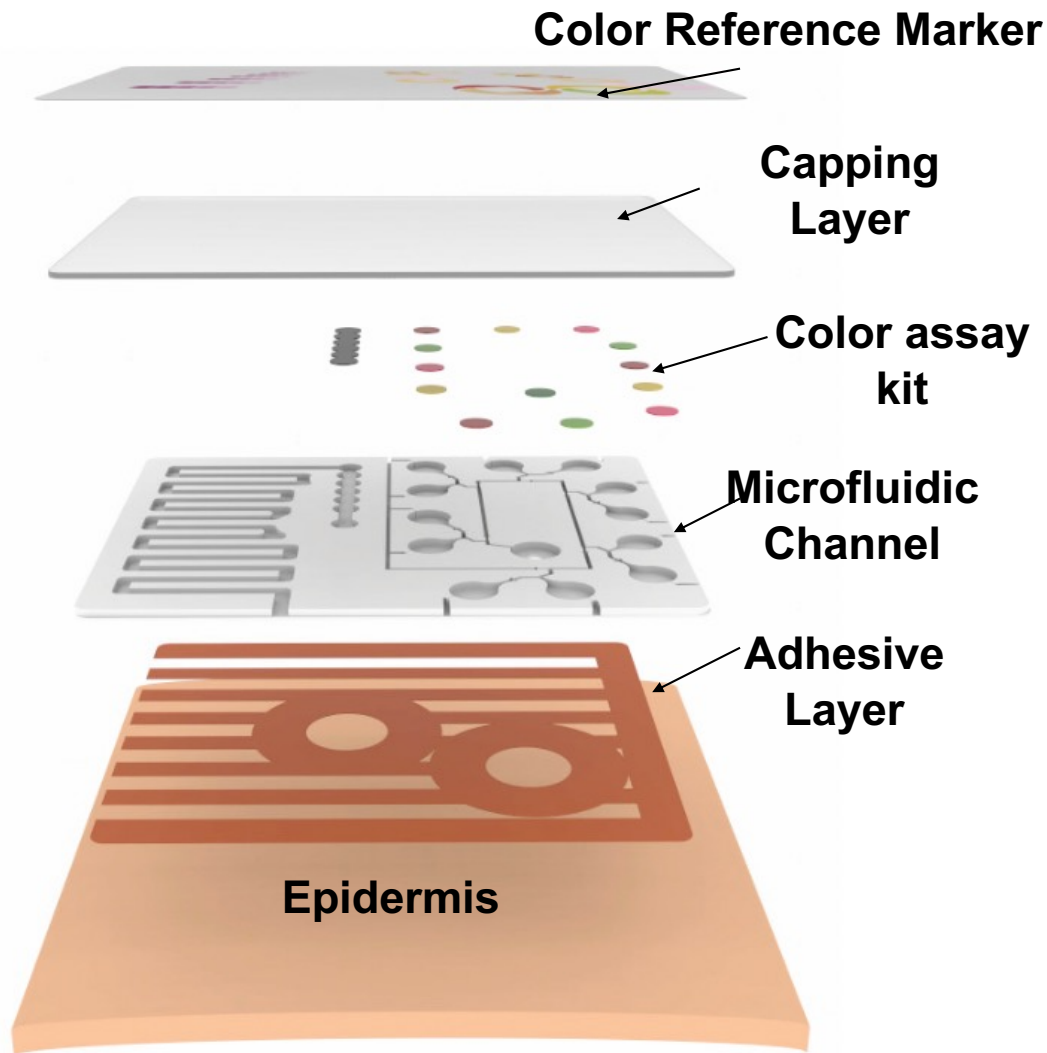
Blood + Needle



Sweat + Patch (non-invasive)

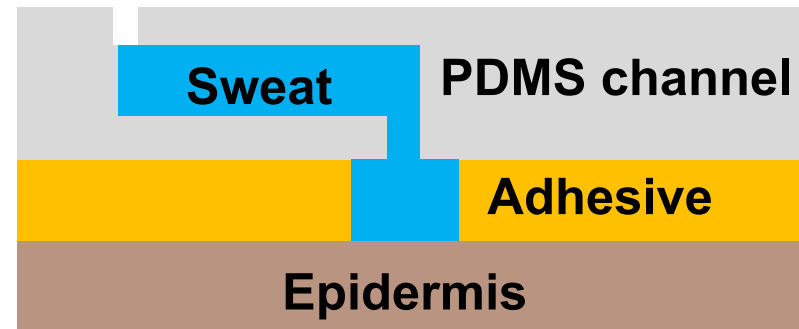


Soft, Colorimetric and Microfluidic Device

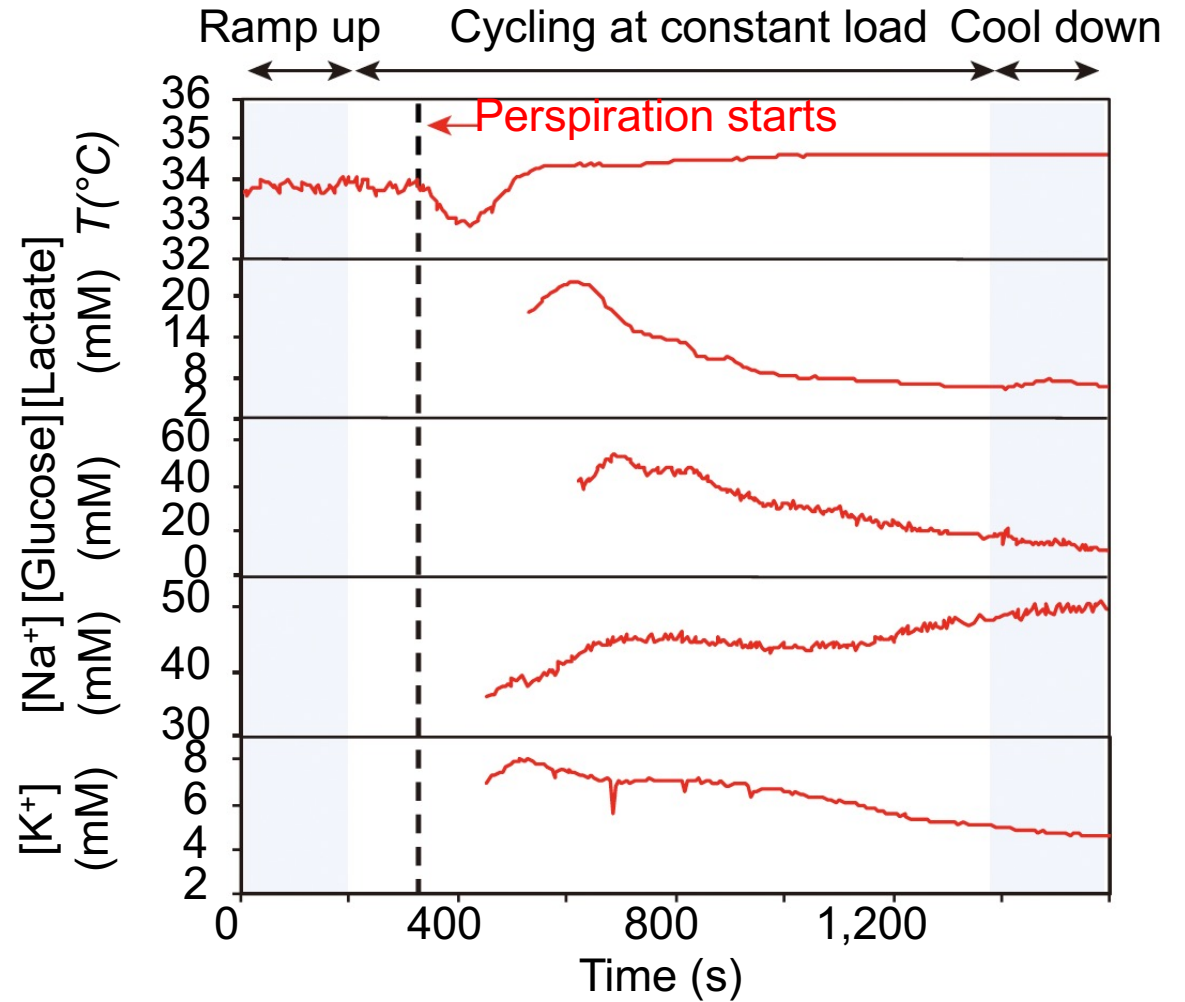


- Soft Mechanics (~ 1 MPa)
- Simple Colorimetric
- Chrono-Sampling
- Measuring Sweat Rate

Cross section view

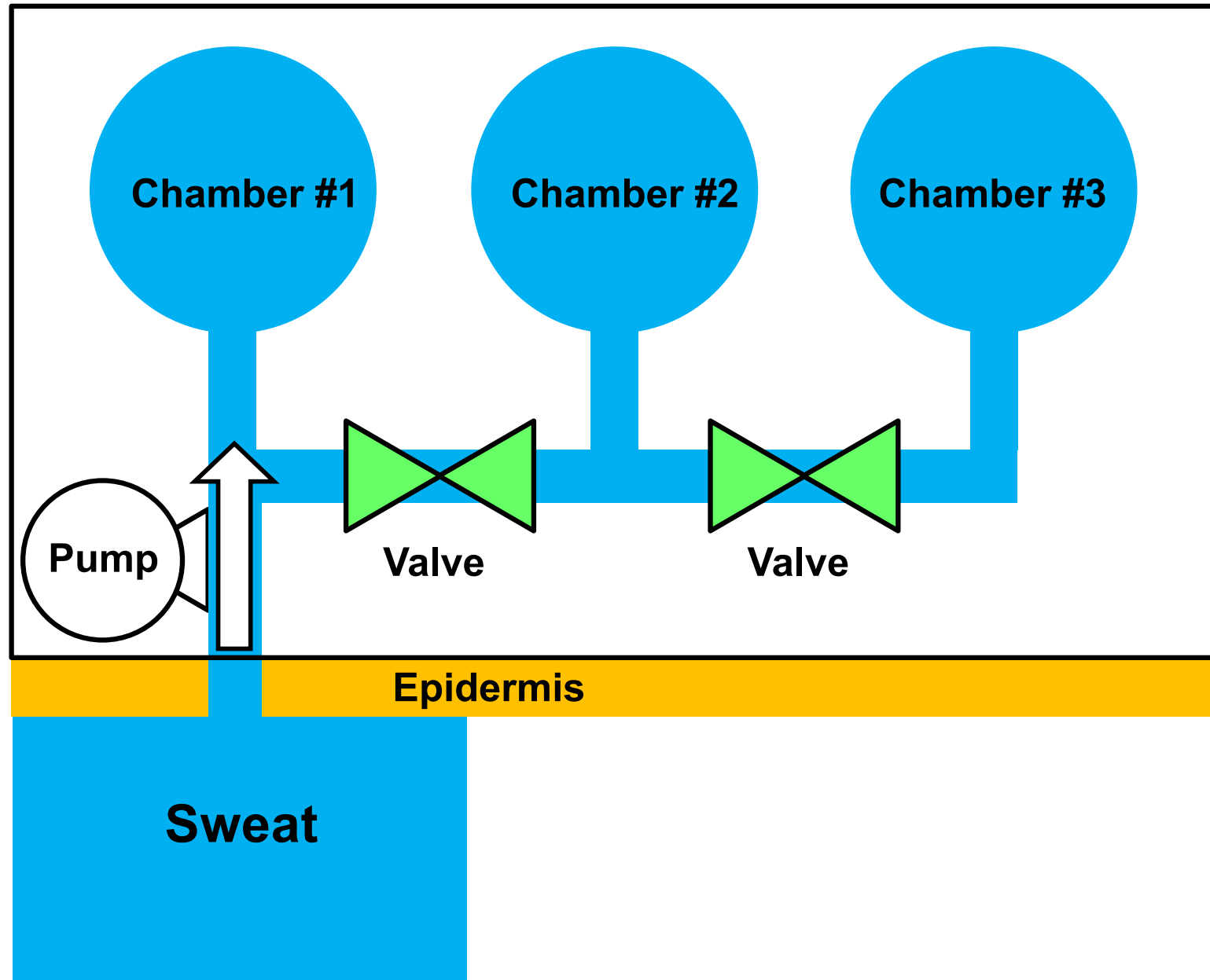


Sweat changes : Need of Chrono-sampling

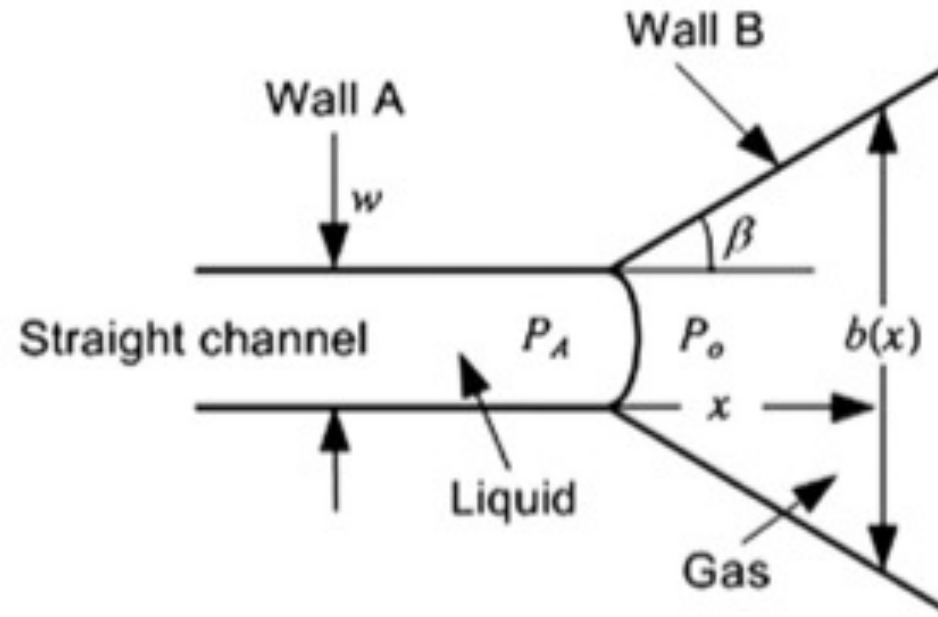


Gao et al., Nature (2016)

We need valves for chrono-sampling



Capillary bursting valve



contact angle: hydrophobicity

$$\text{Bursting Pressure} = -2\sigma \left(\underbrace{\frac{\cos\theta_I^*}{w} + \frac{\cos\theta_A}{h}}_{\text{Channel dimension}} \right)$$

σ : surface tension of liquid

θ_A : contact angle of the channel

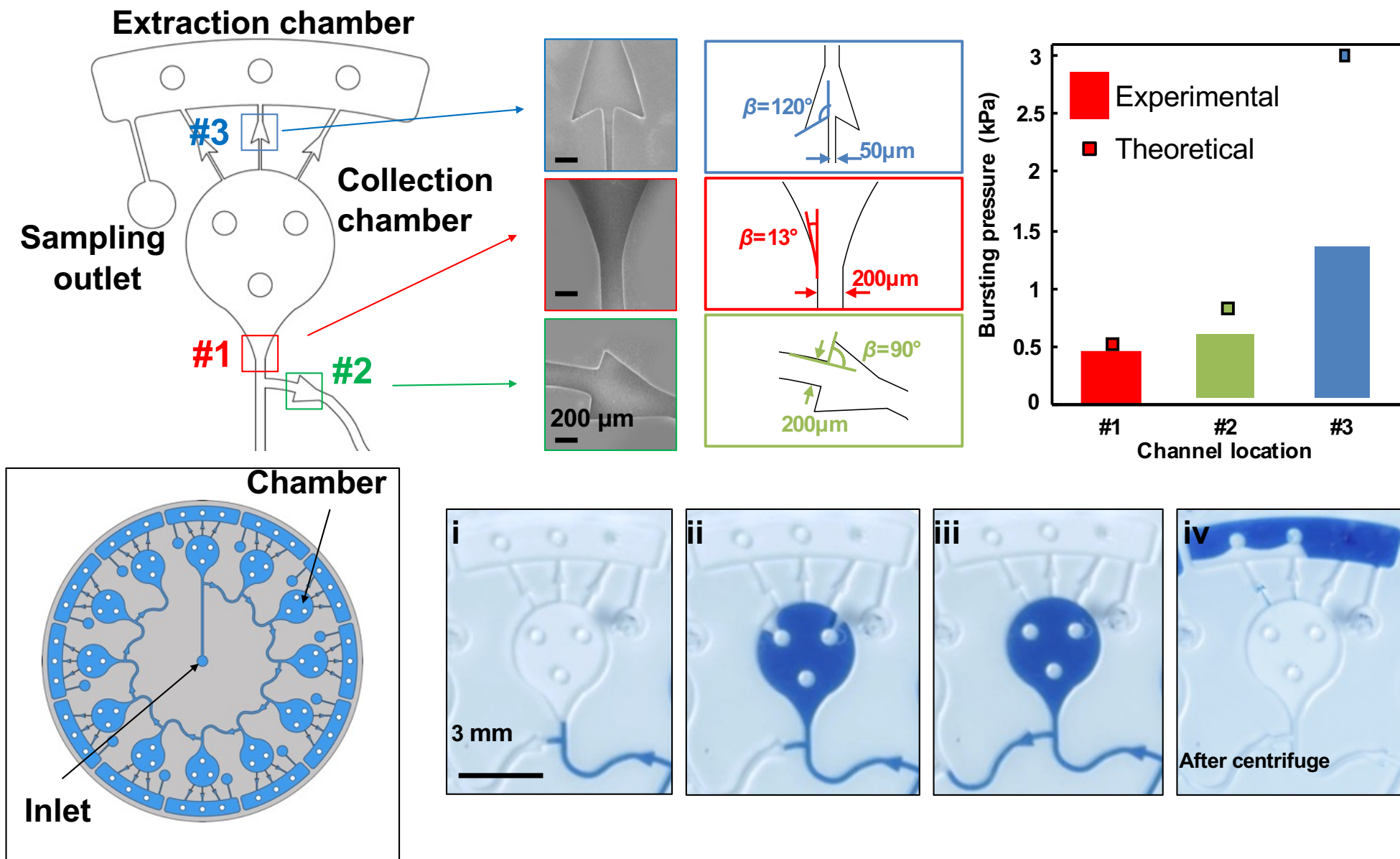
θ_I^* : $\min[\theta_A + \beta; 180^\circ]$

β : diverging angle of the channel

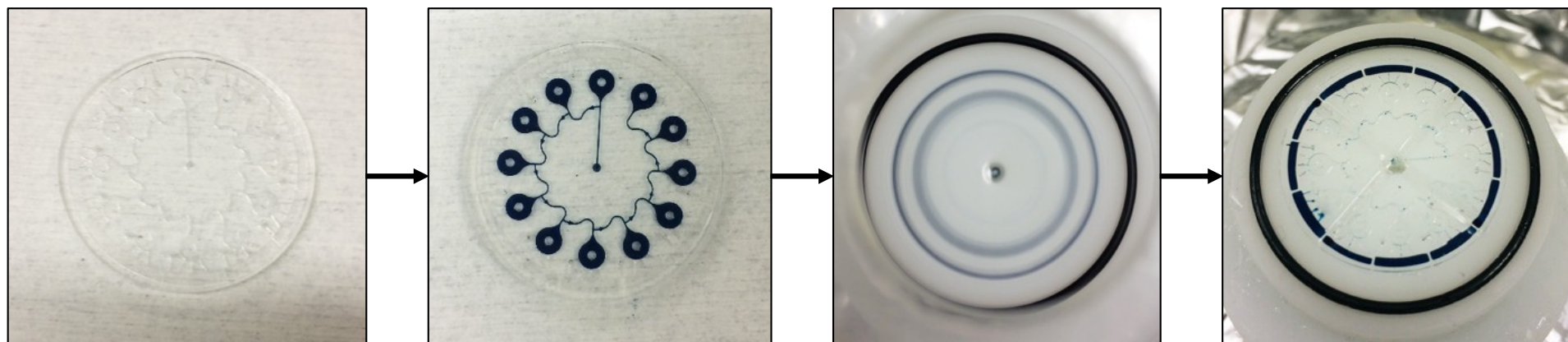
w : width of the diverging section

h : height of the diverging section

Capillary Bursting Valves for Guiding Sweat

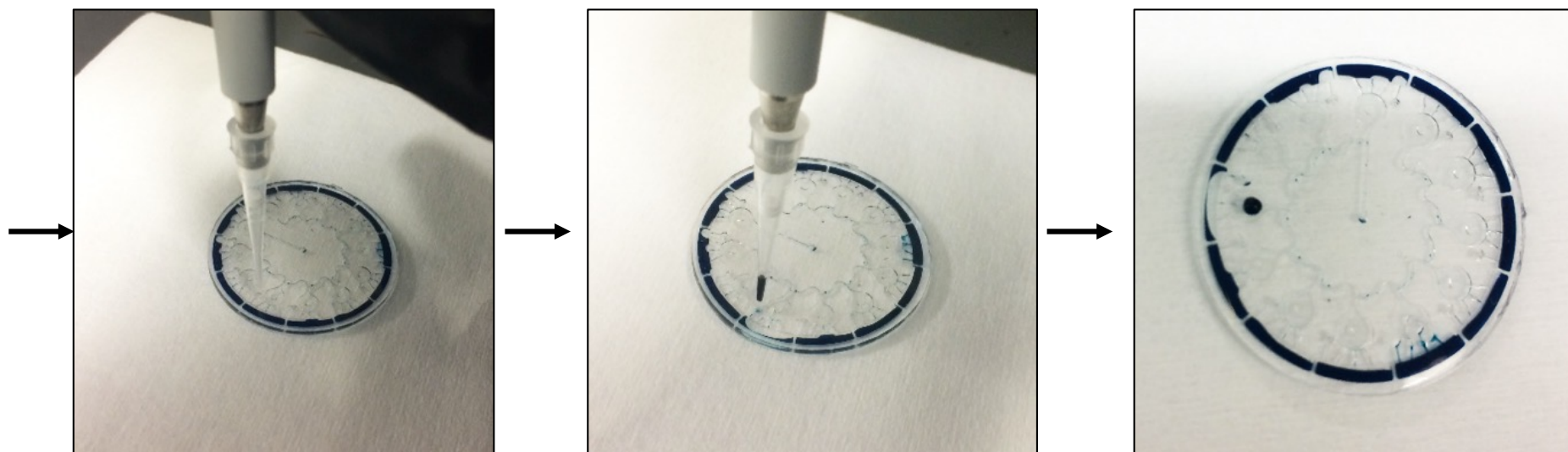


Extraction Process for Laboratory Analysis



Sweat collection

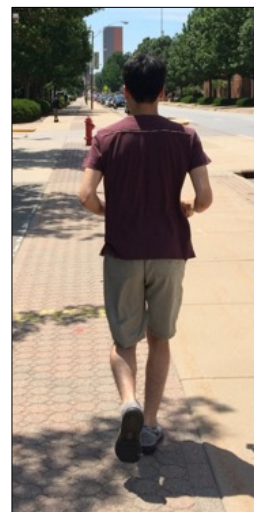
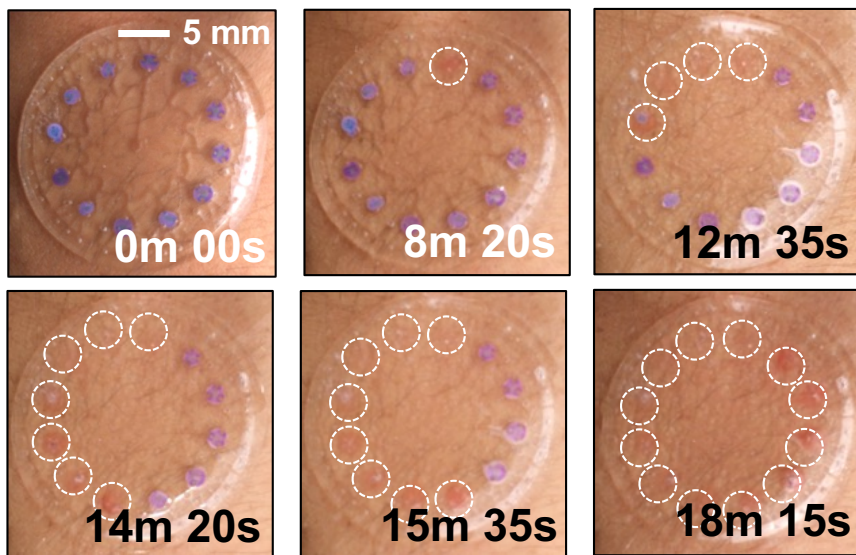
Centrifugation



Recovery by pipetting

Recovered sweat

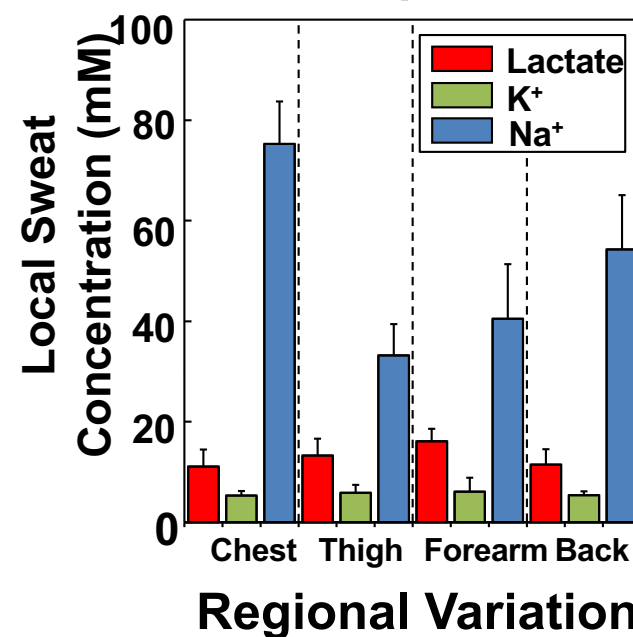
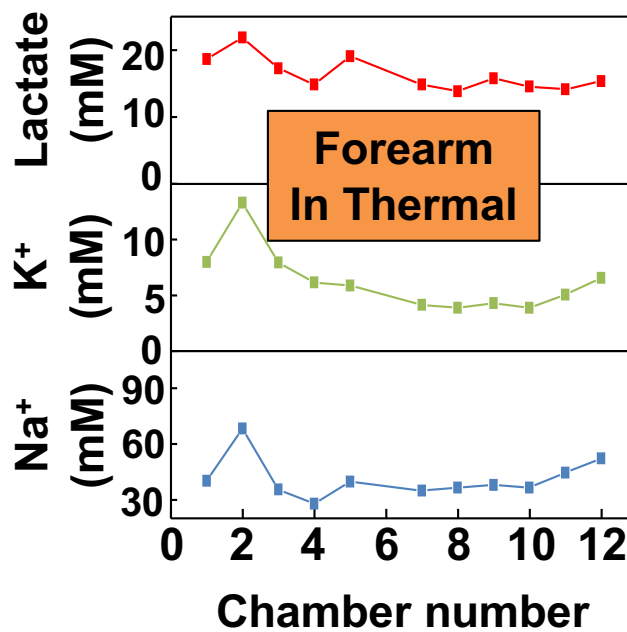
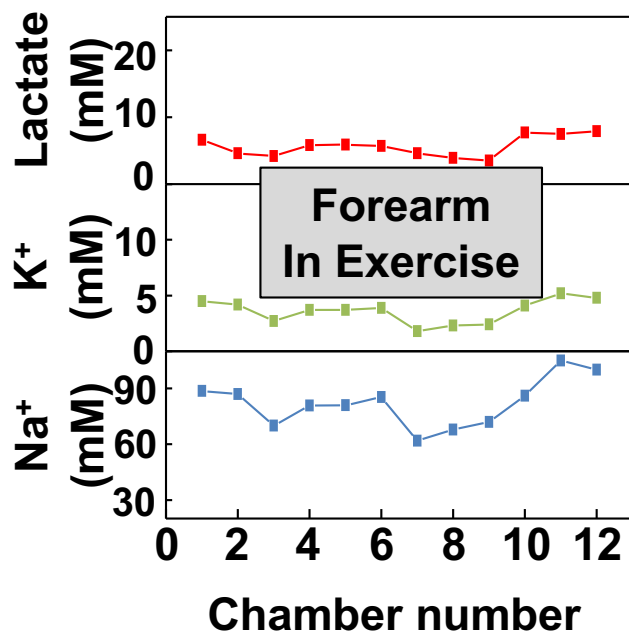
Temporal and Spatial Chemical Analysis



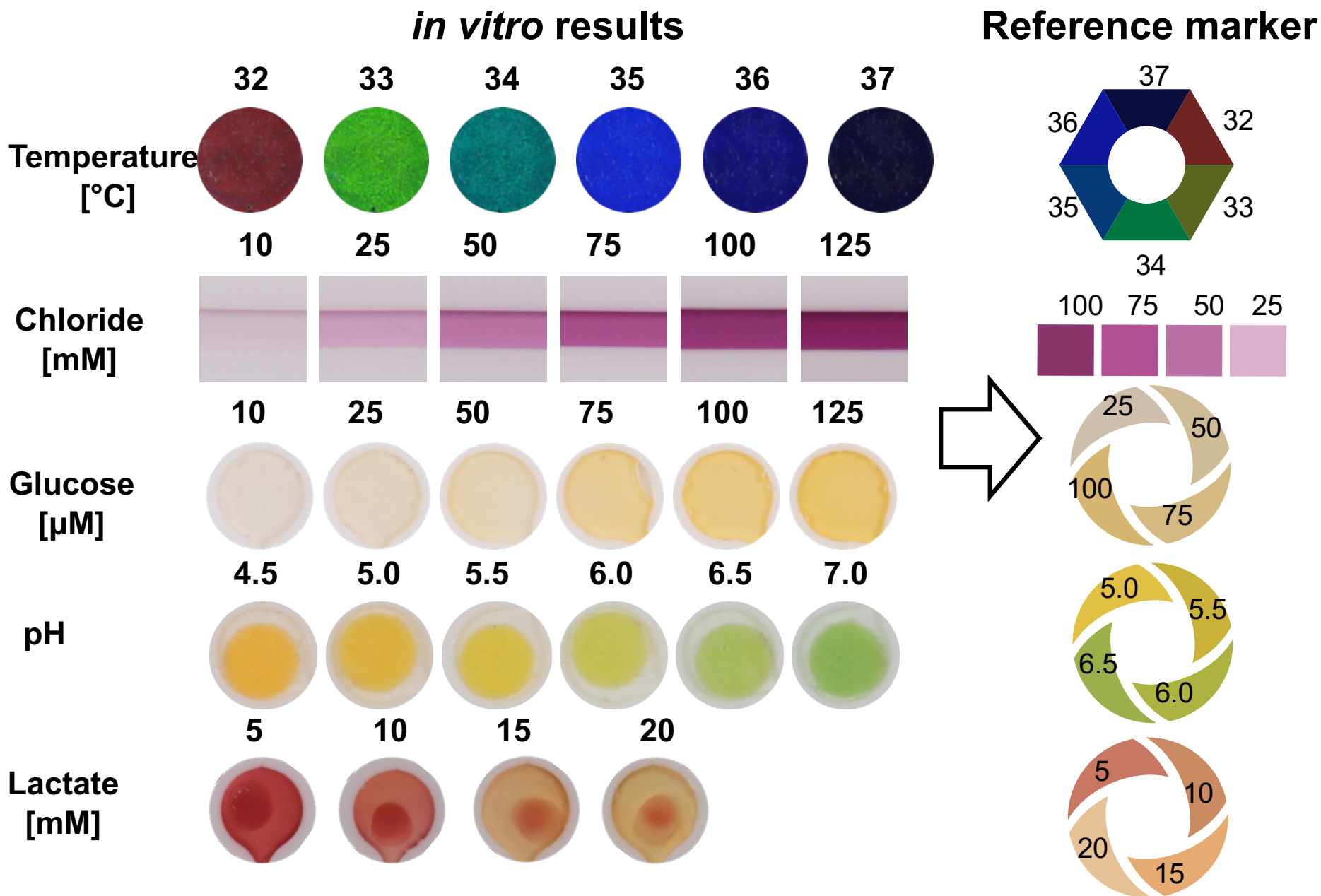
Exercise



Thermal Exposure



Colorimetric Assays



Choi et al., *Science Advances* (2018)

Colorimetric Chloride Detection

Chloride Assay



Chloride in sweat

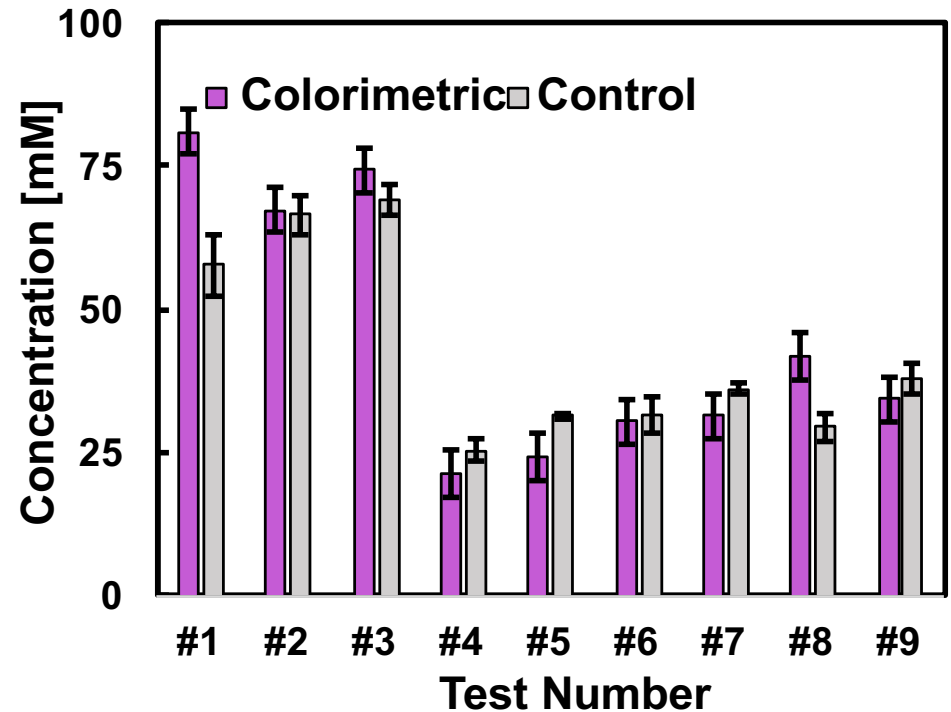
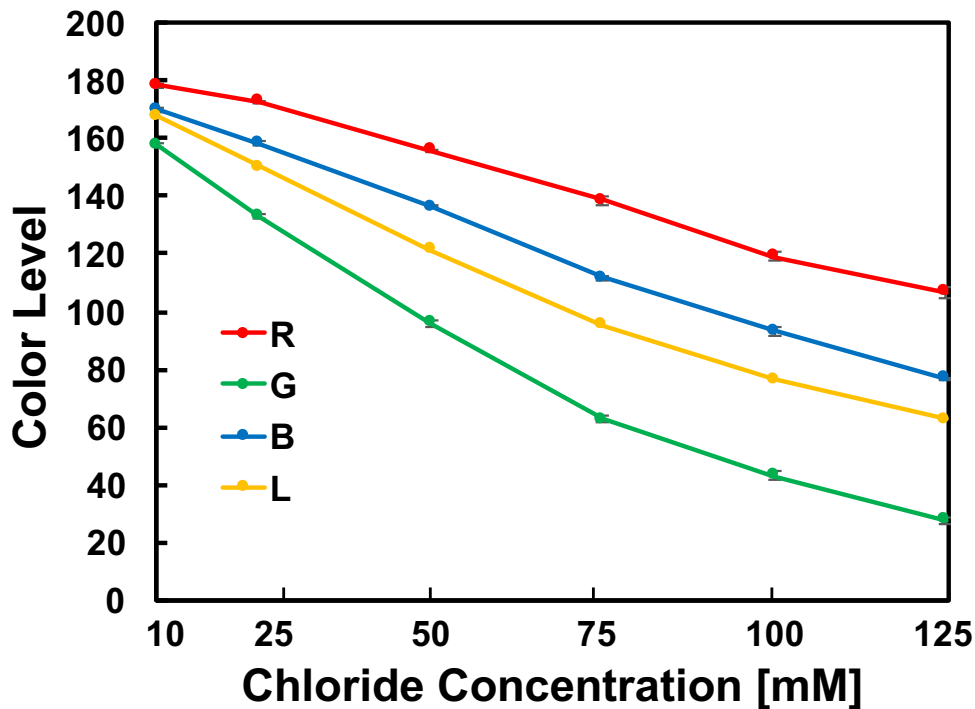
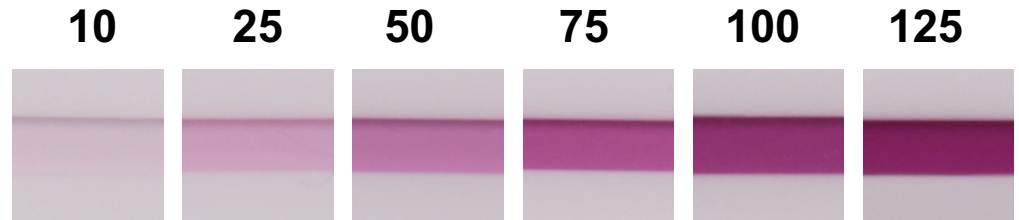


Silver Chloranilate

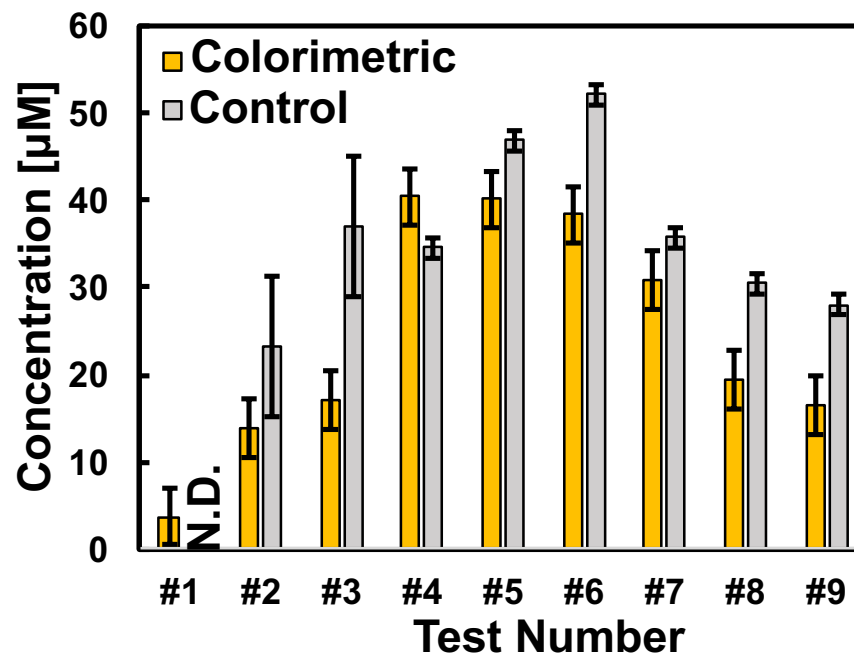
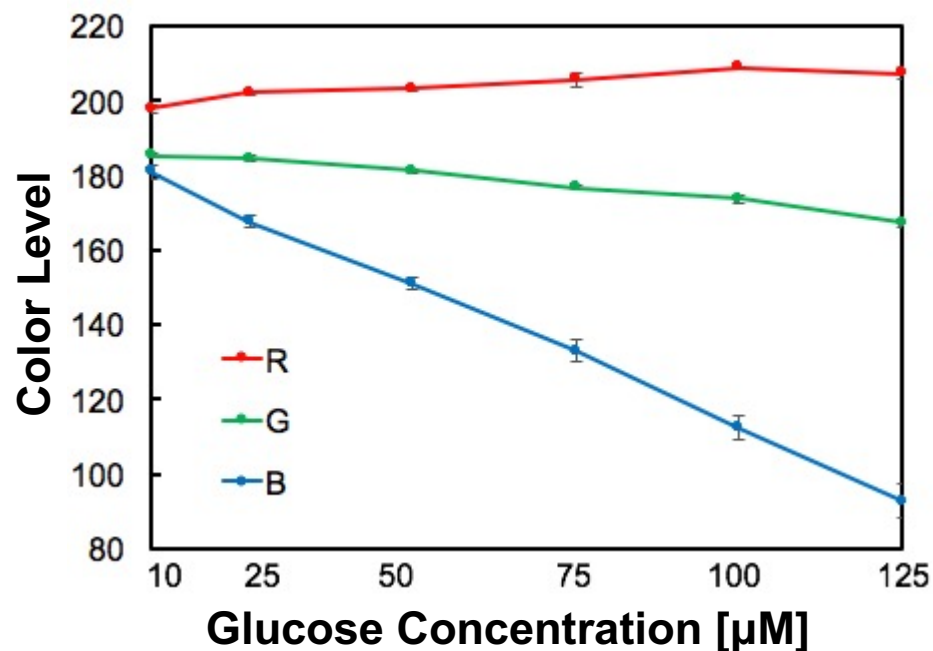
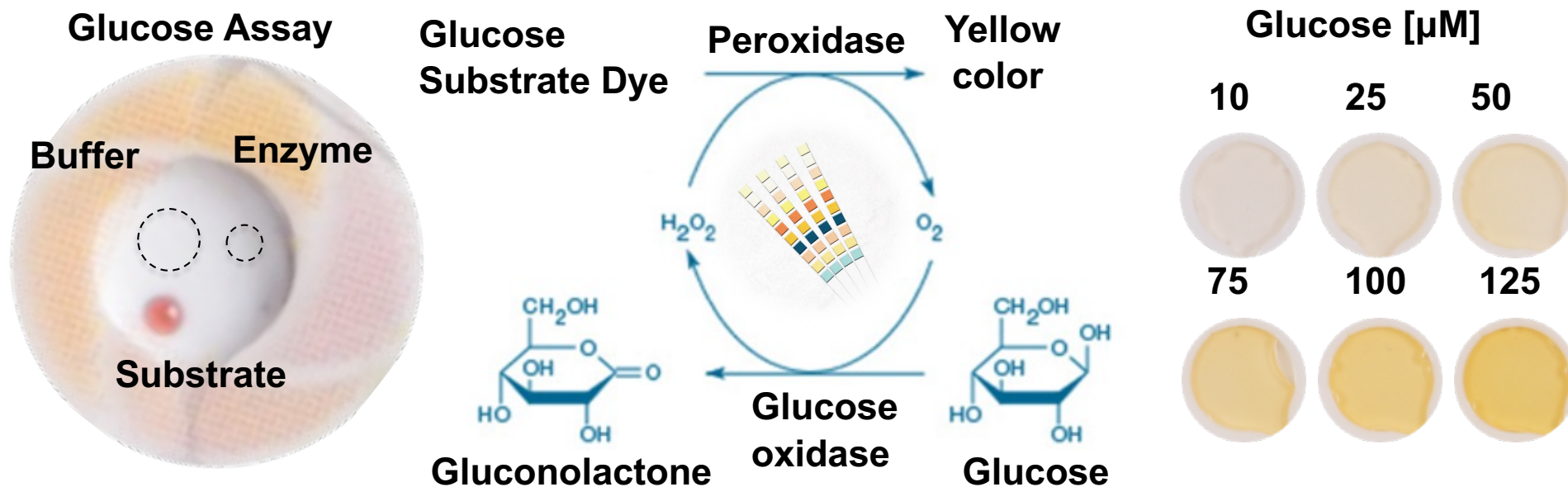
precipitation

Acid chloranilate ion

Chloride Concentration [mM]



Colorimetric Glucose Detection



Colorimetric Lactate Detection

Lactate Assay Mixture



Lactate
Substrate Dye
(Red)

Peroxidase

Yellow
color

Lactate [mM]

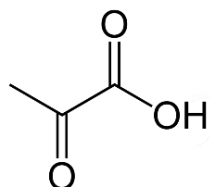
5

10

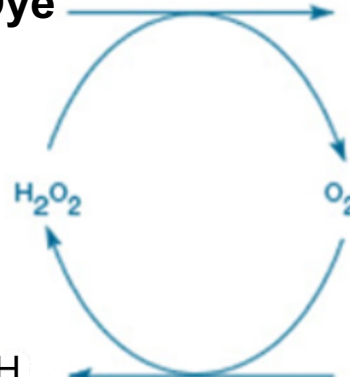


15

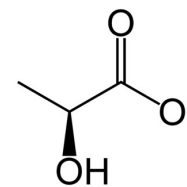
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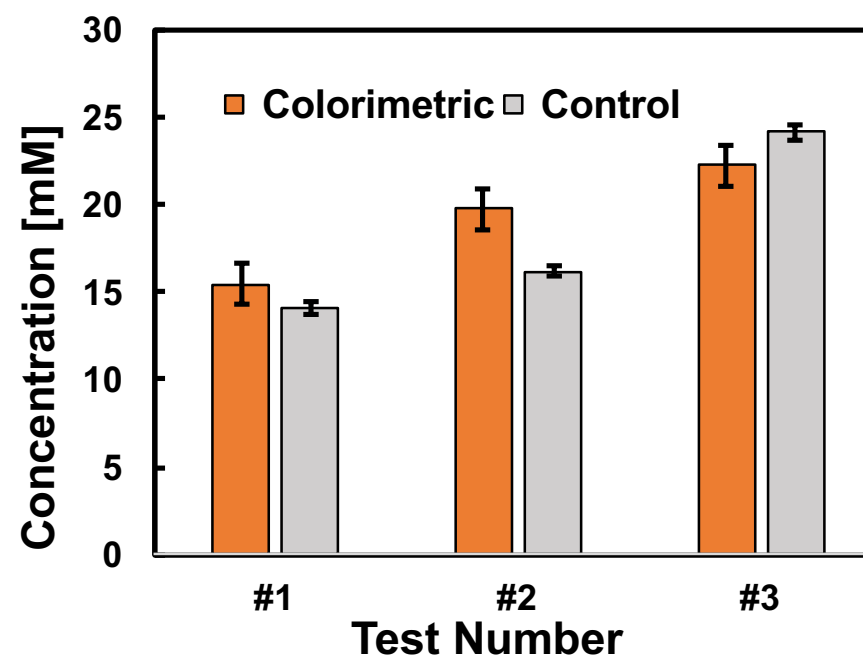
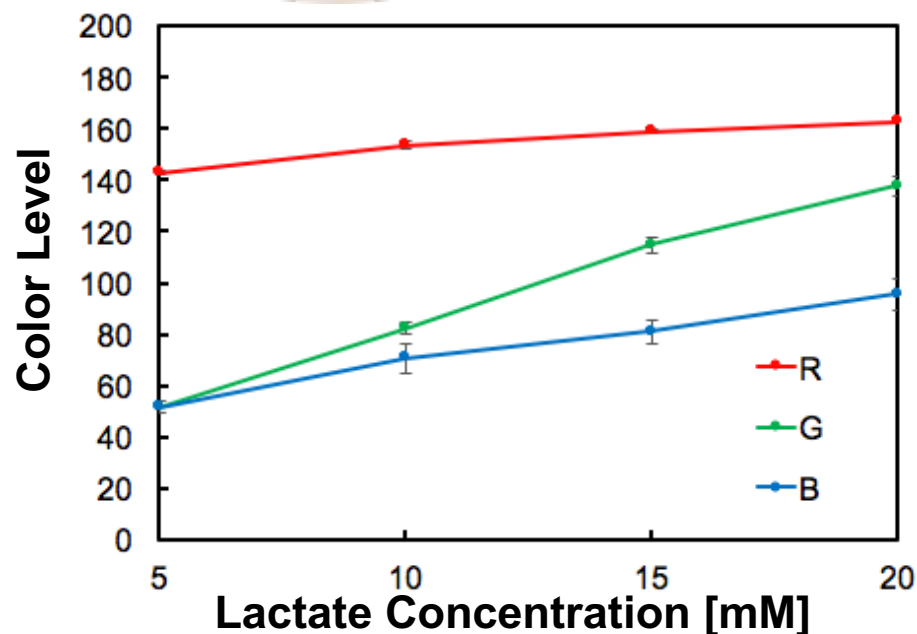
Pyruvate



Lactate
oxidase



Lactate

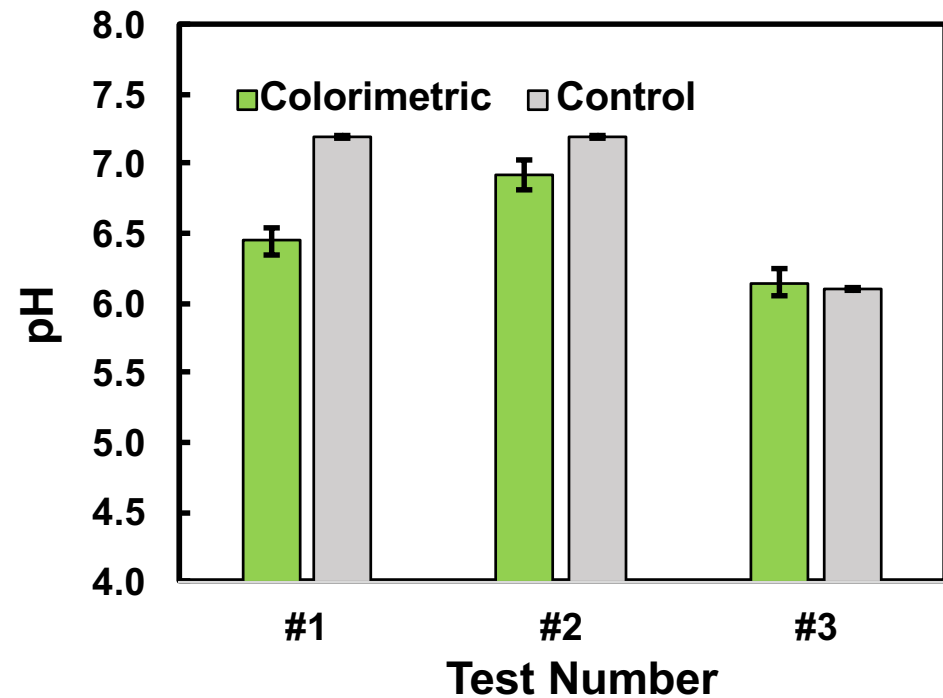
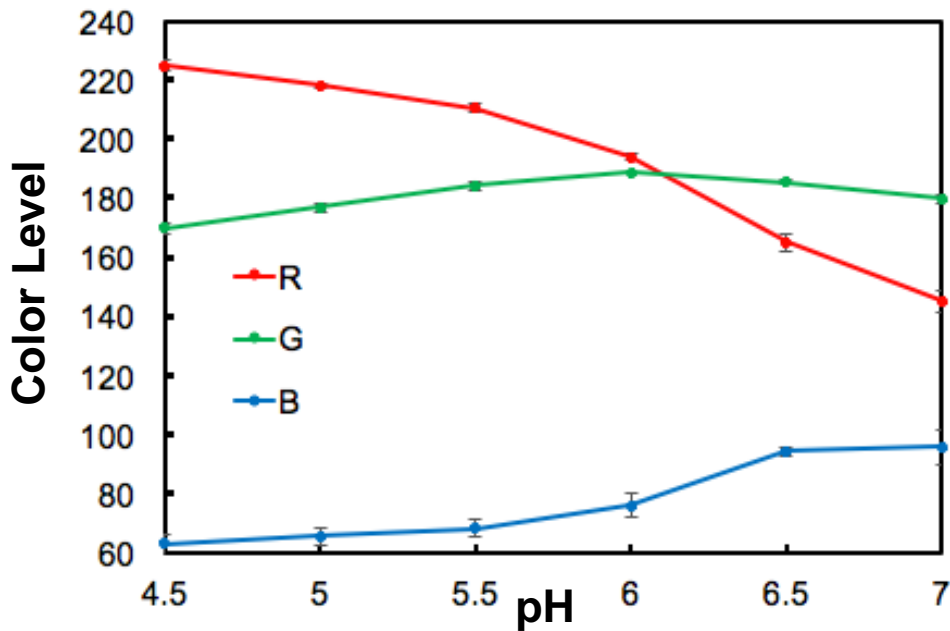
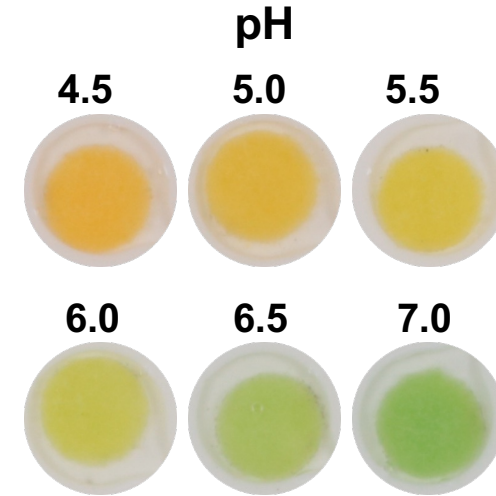
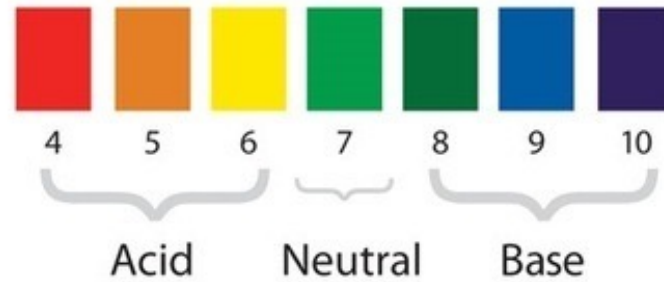


Colorimetric pH Detection

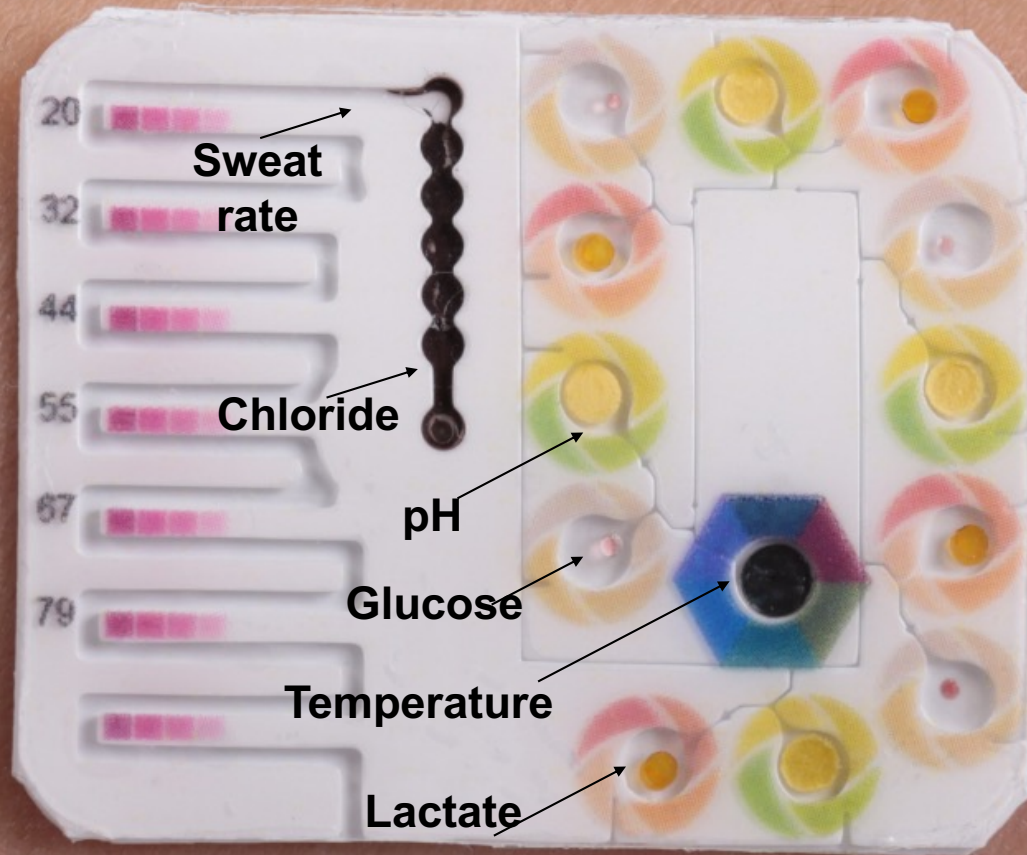
pH Assay Paper



Universal Indicator pH

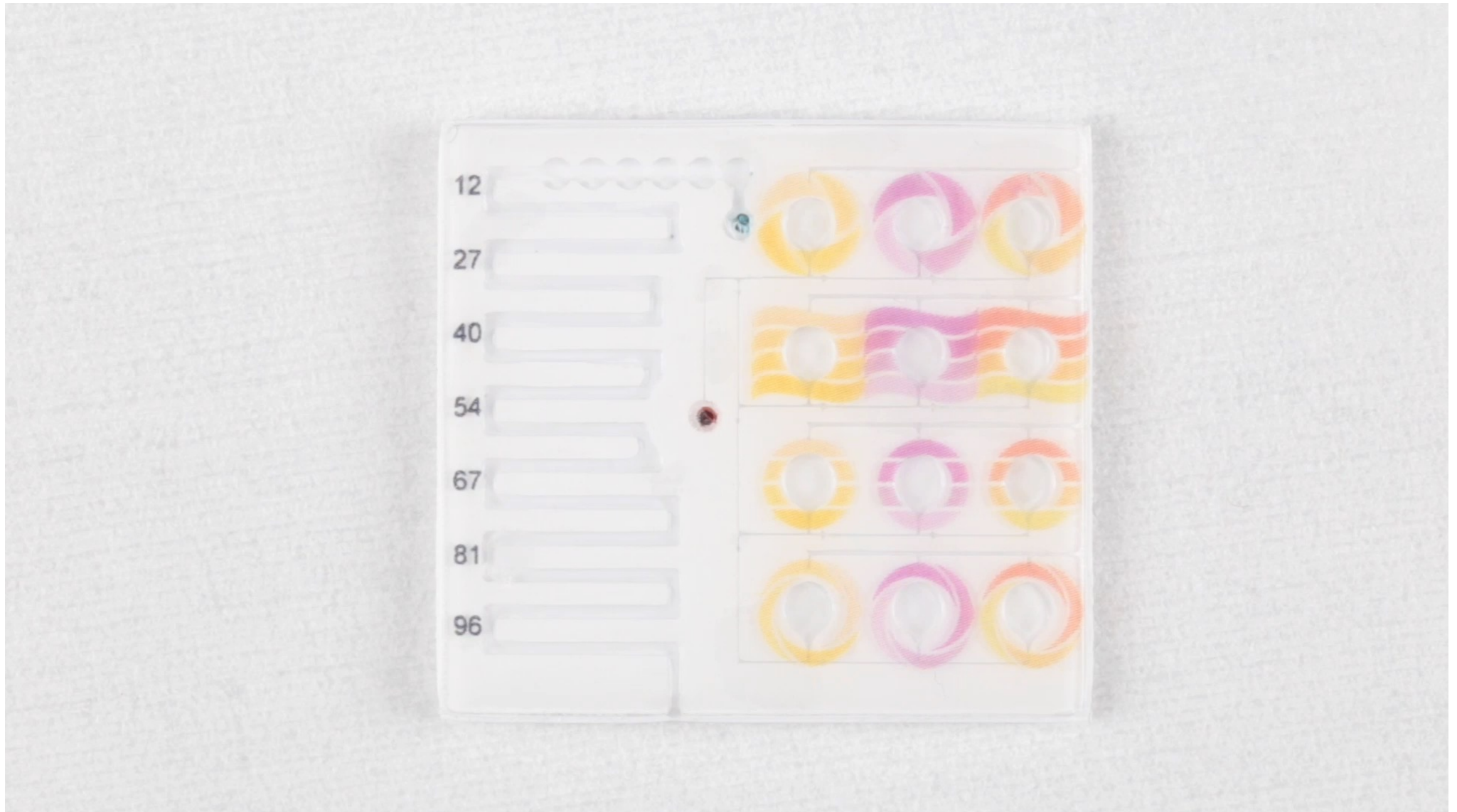


Microfluidic Colorimetric Sweat Device



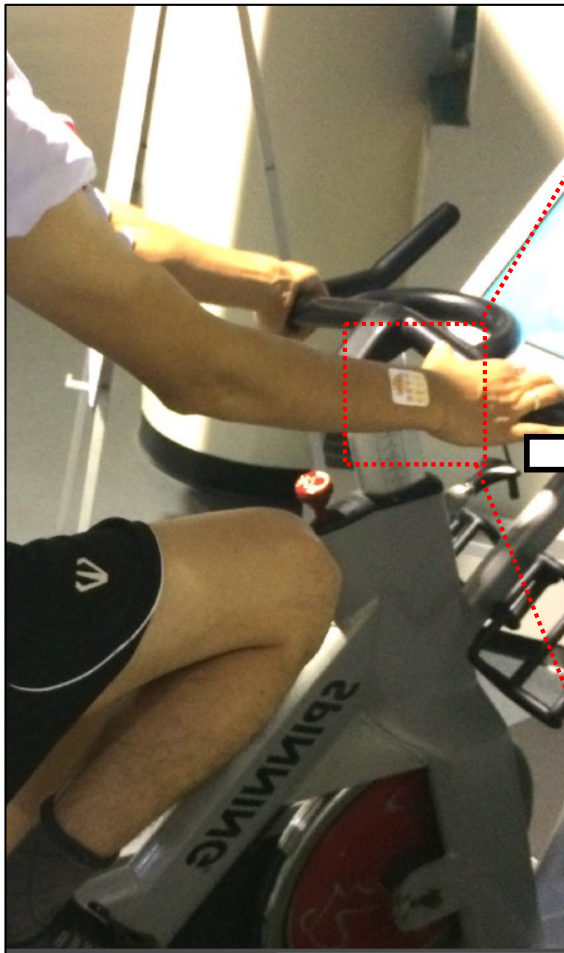
- Soft
- Simple colorimetric
- Time Sequential
- No Needs calibration
- Sweat rate

Chrono-sampling of sweat

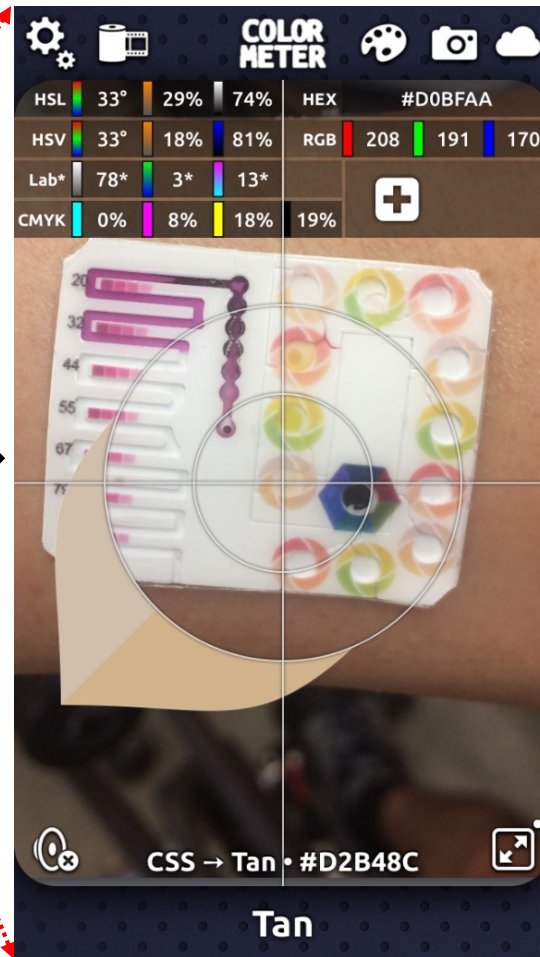


In Situ Sweat Analysis

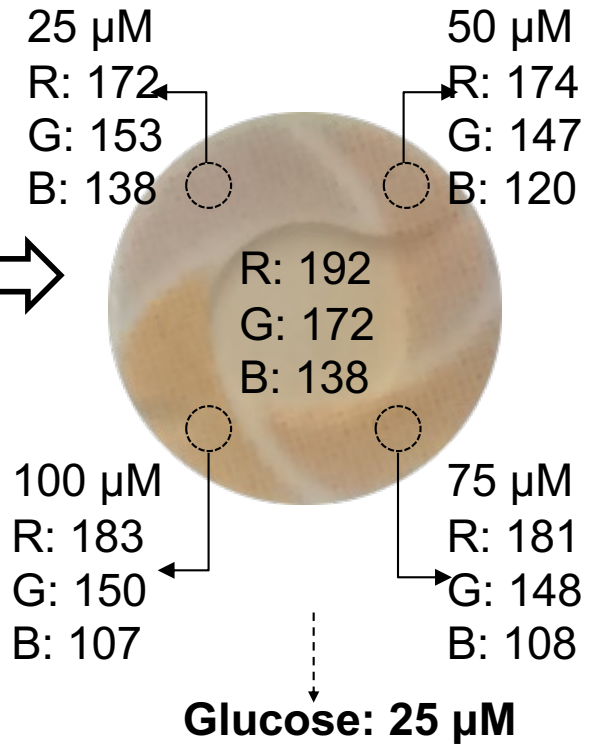
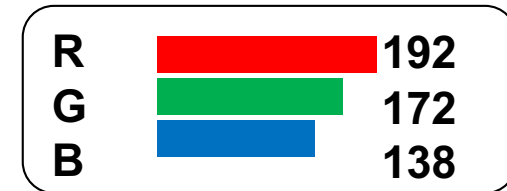
Exercising



Analyzing Color
By Smartphone App.

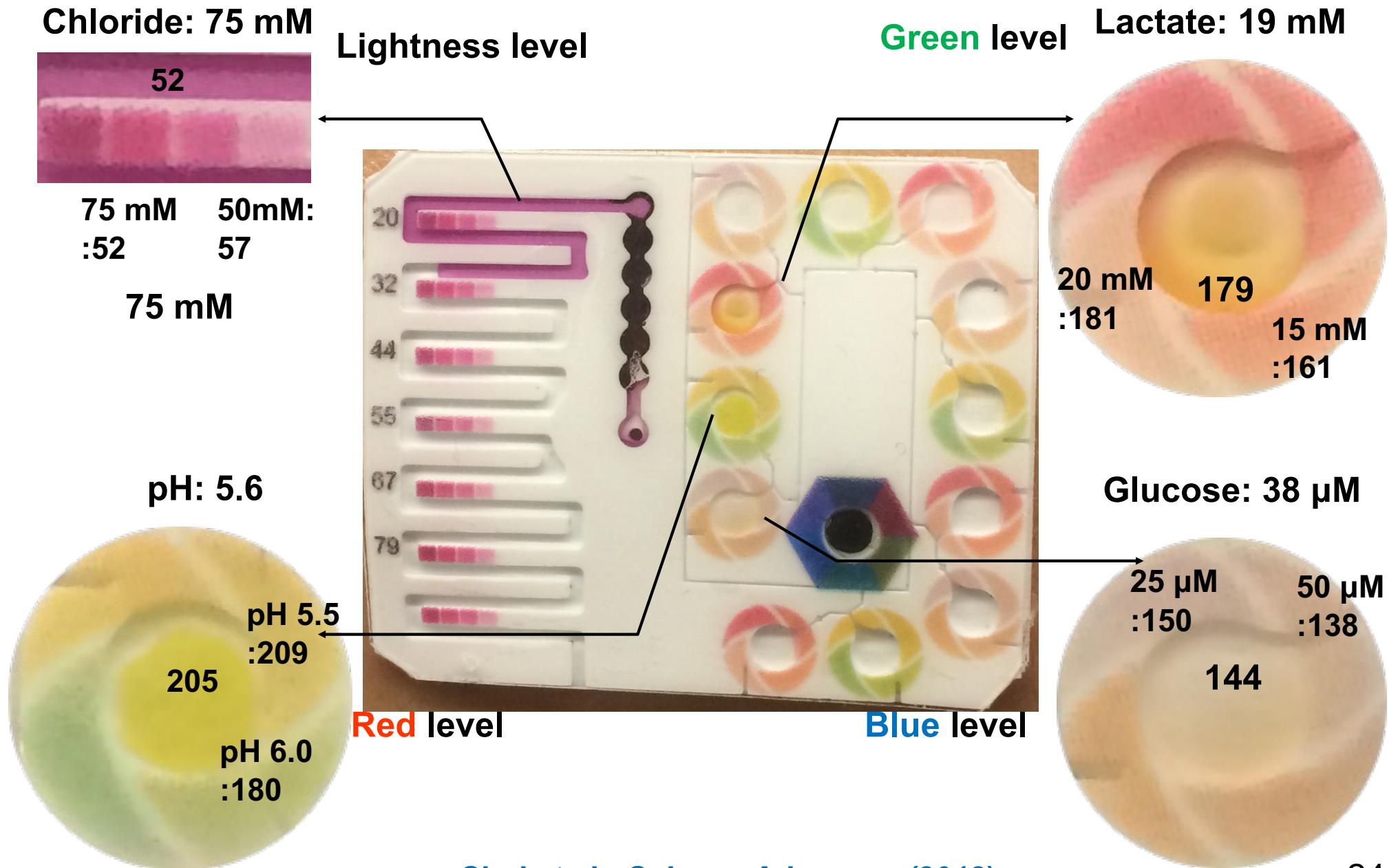


Calculating Conc.

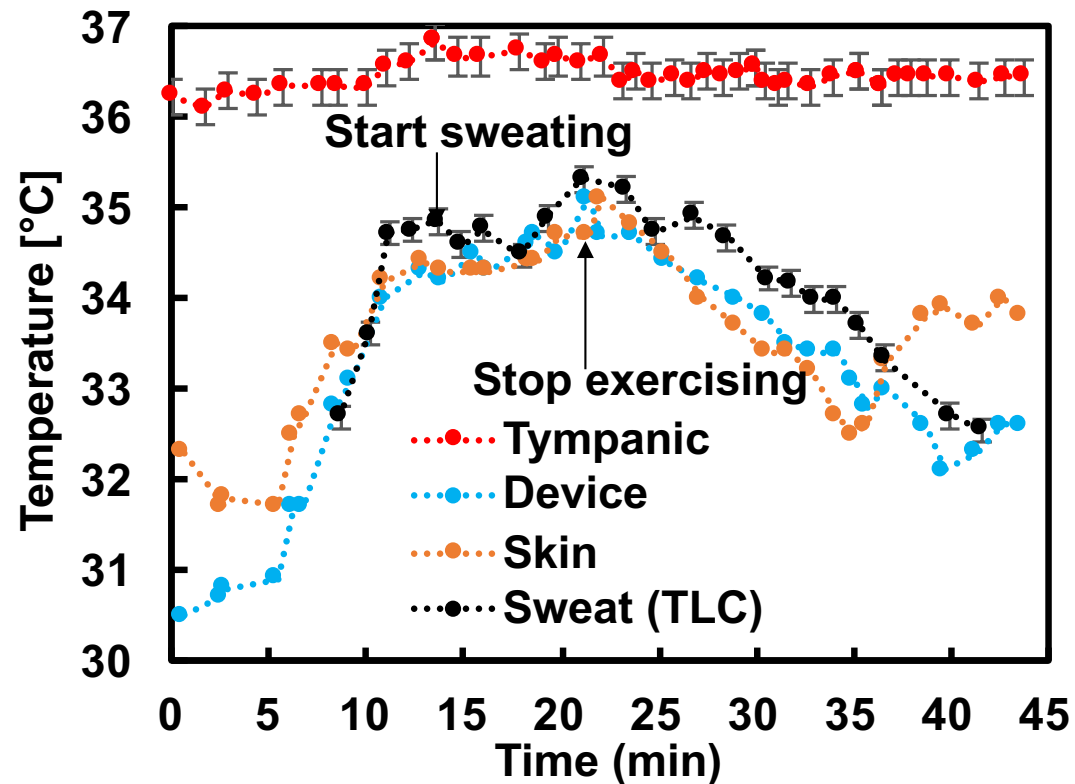
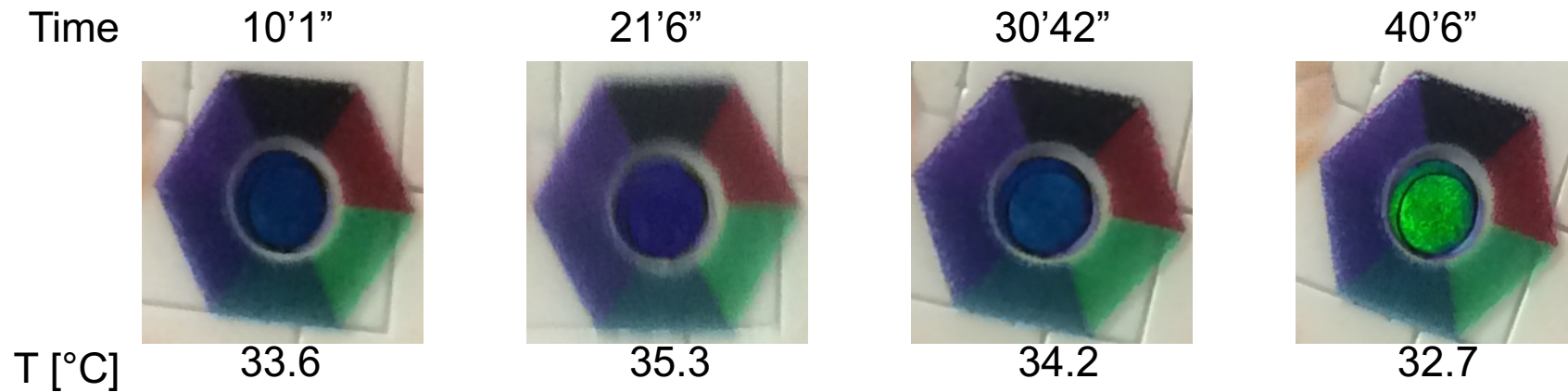


PhotoShop® also works

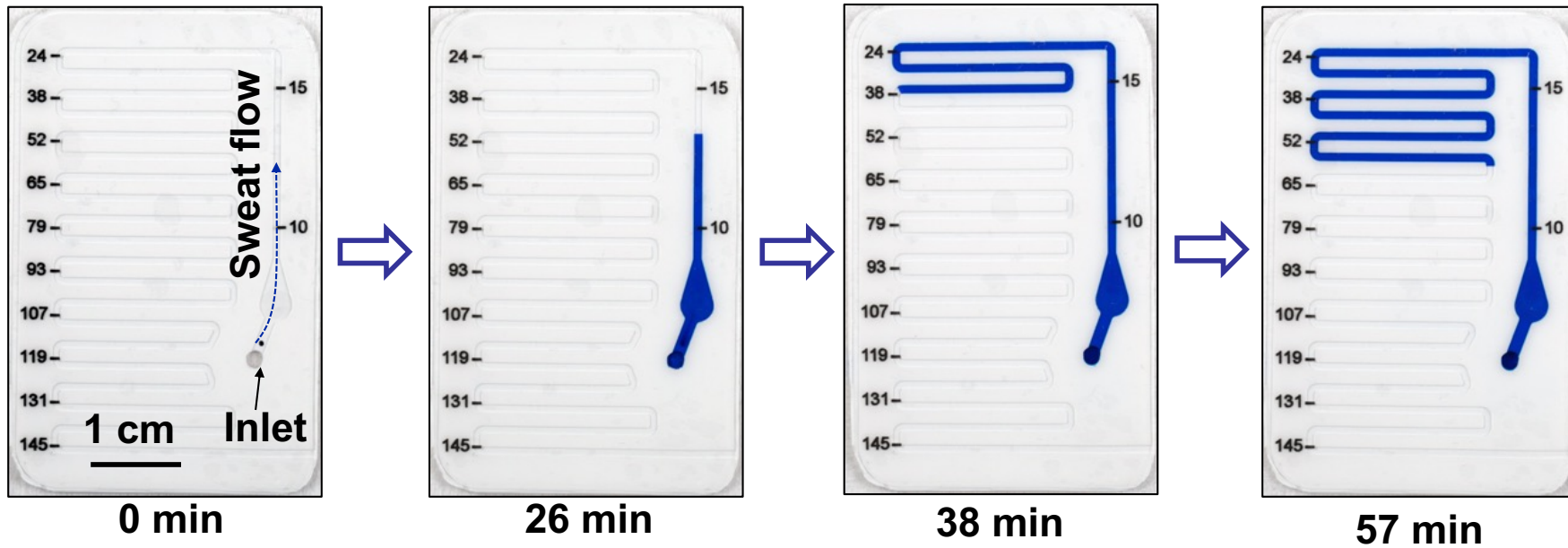
Sweat Analysis by Color



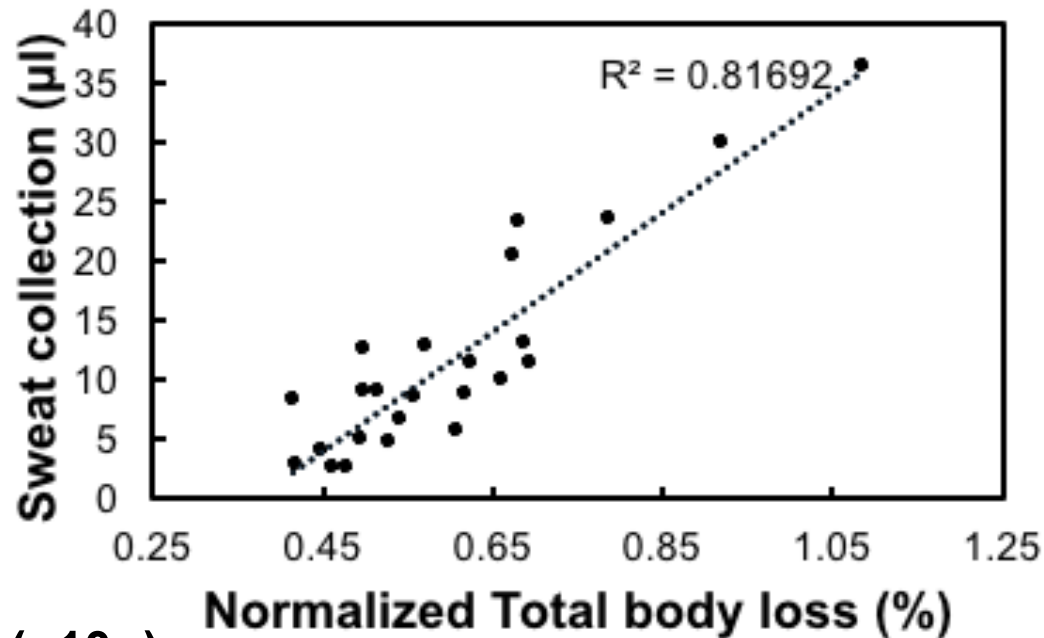
Sweat Temperature and Skin Temperature



Local Sweat Loss and Total Body Loss



High Precision
Weighing Scales (~10g)

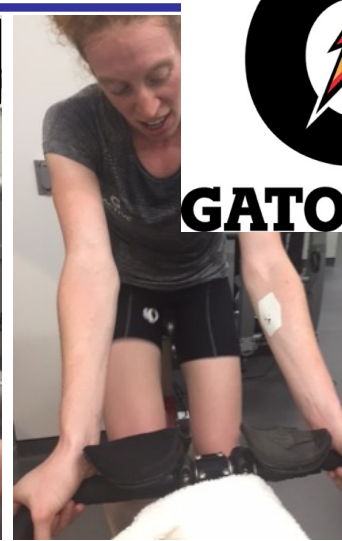
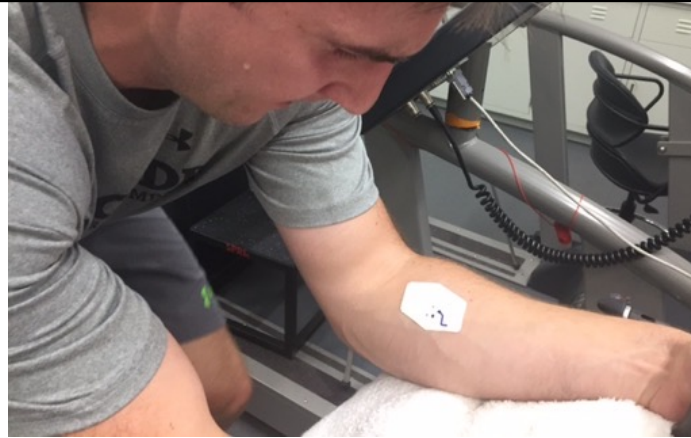


Sweat Rate and Chloride Field Studies



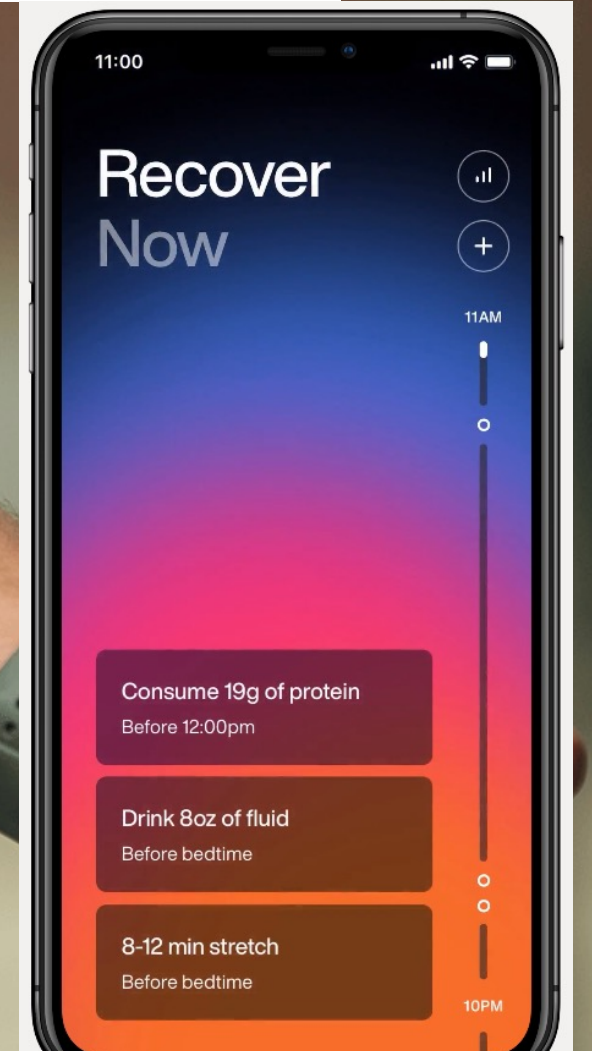
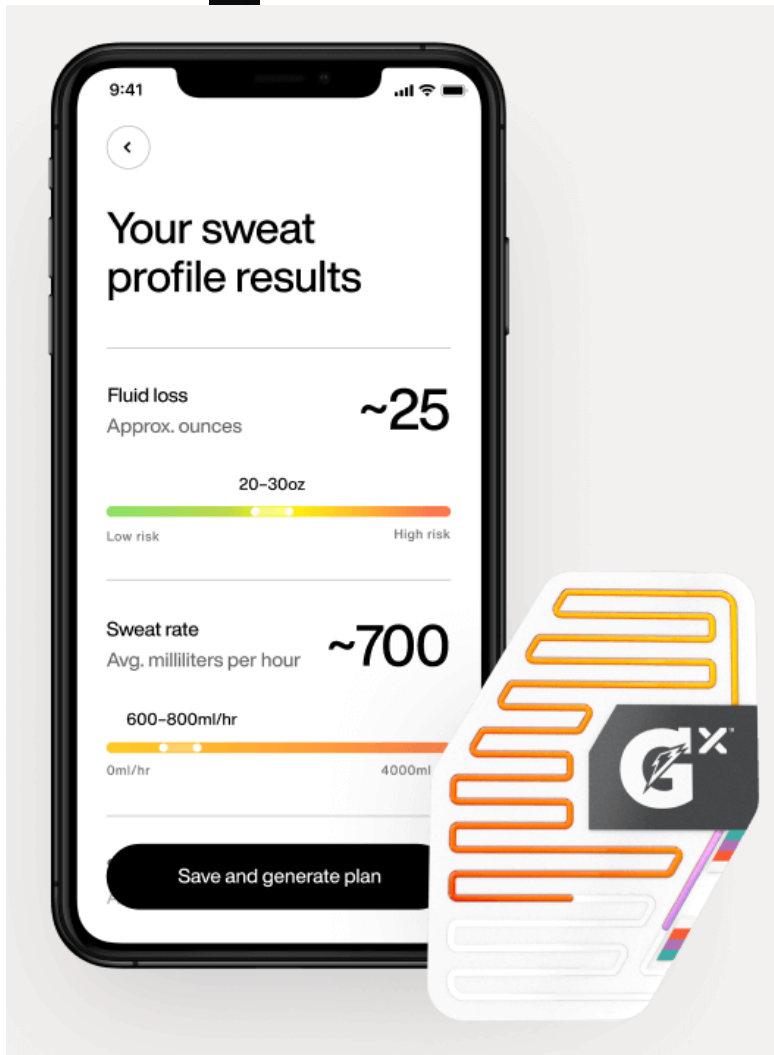
GATORADE

Gatorade Sports Science Institute



- GX SWEAT PATCH -

Personalized hydration is now available to all athletes.



Sweat Devices for Diabetes

Current method: Blood

Fast plasma glucose (FPG)

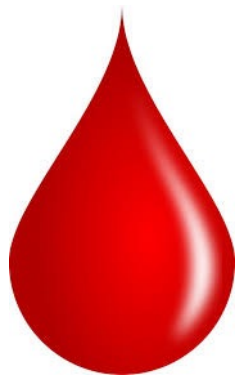
≥126 mg/dl

After 8 hours of fasting

HbA1c (glycated haemoglobin)

≥ 6.5% (140 mg/dl)

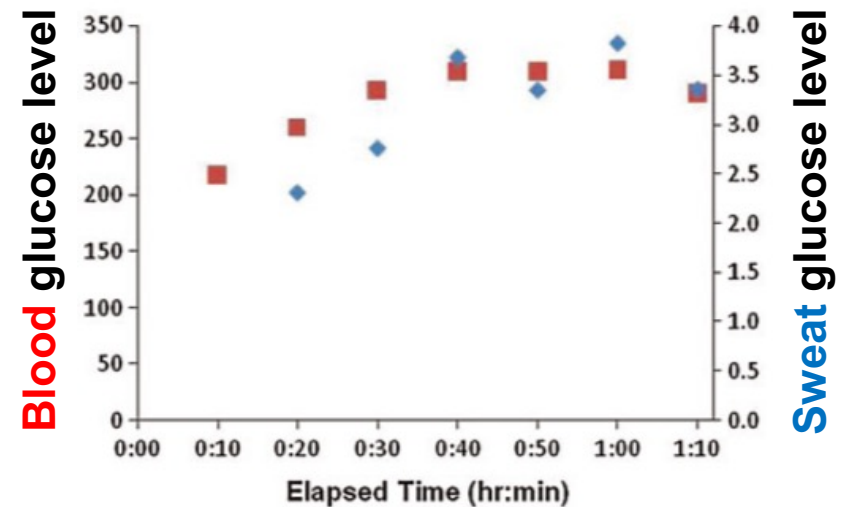
Average plasma glucose concentration



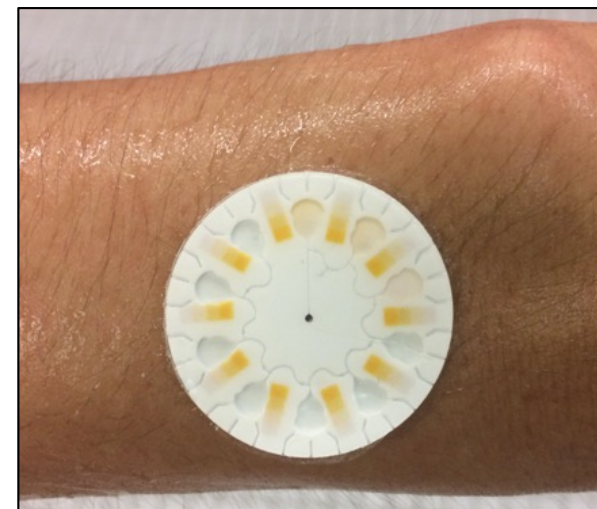
© Ilya Andriyanov / Shutterstock

Blood + Needle

New method: Sweat



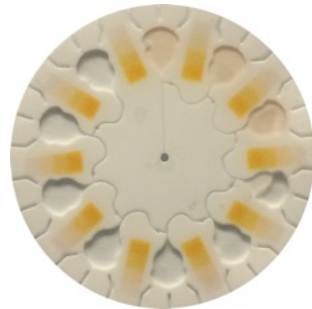
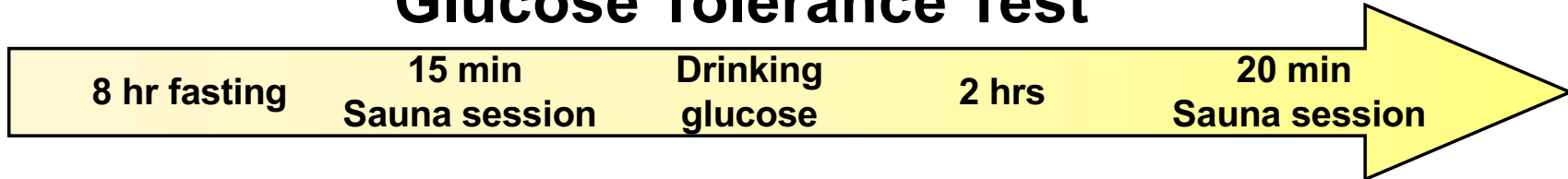
Diabetes Technol. Ther. 2012



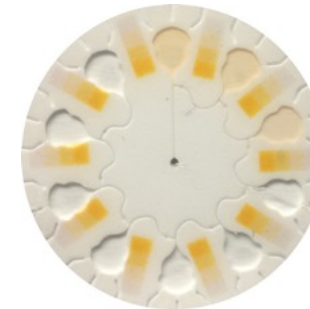
Sweat + Patch

In situ Sweat Glucose Test with Blood

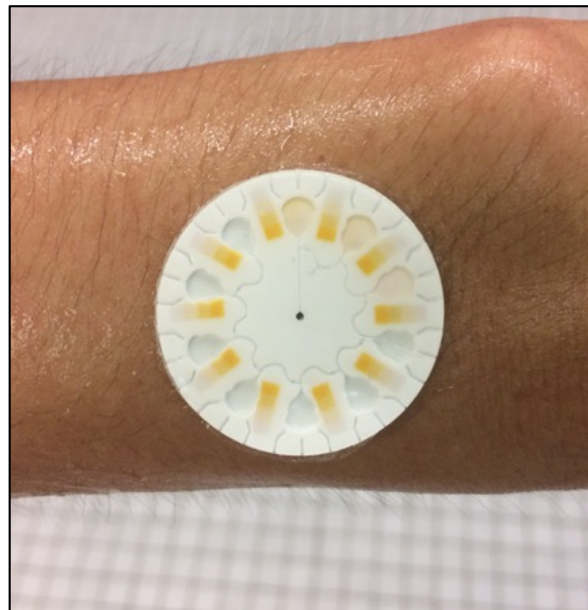
Glucose Tolerance Test



$22 \pm 0.5 \mu\text{M}$

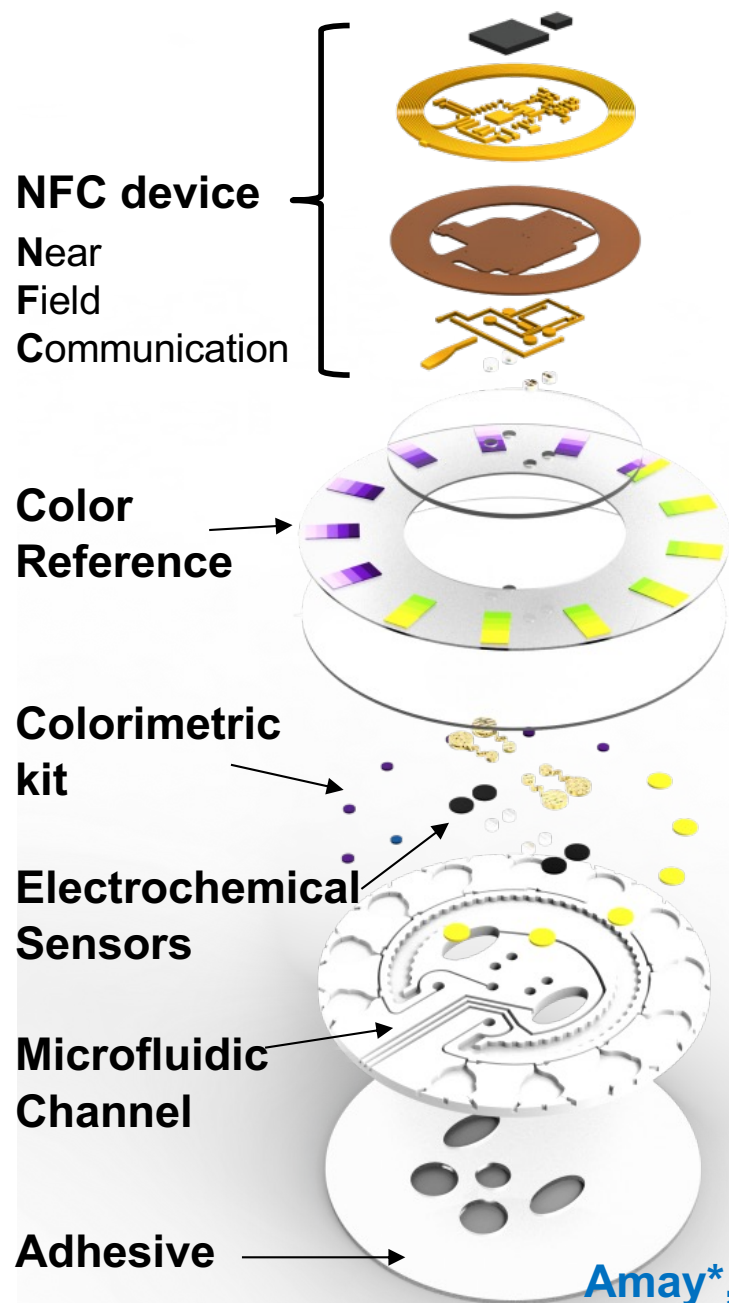


$36 \pm 0.6 \mu\text{M}$

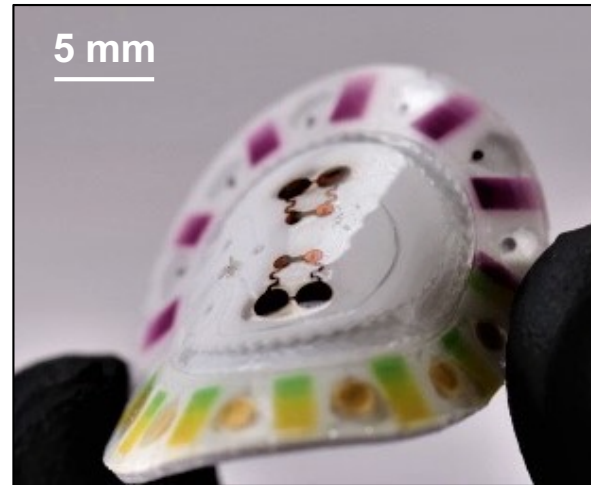


**Non-Invasive
Glucose Level Monitoring**

Hybrid System of Microfluidics and Electronics

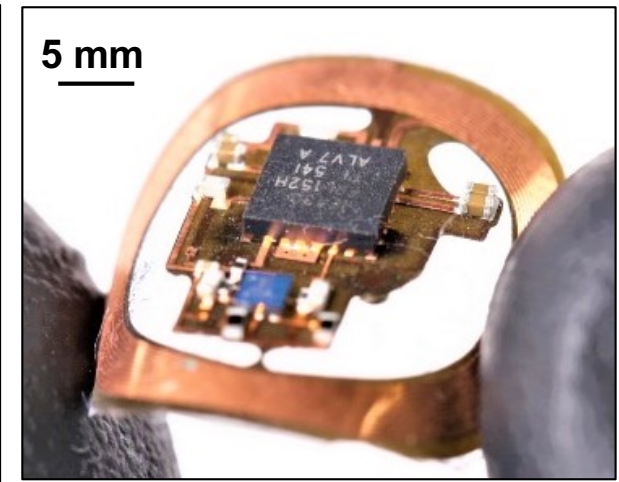


Soft Microfluidics

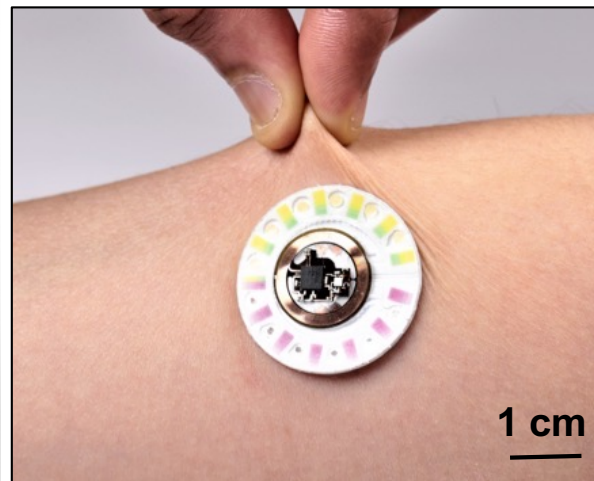


Skin interface

Flexible Electronics

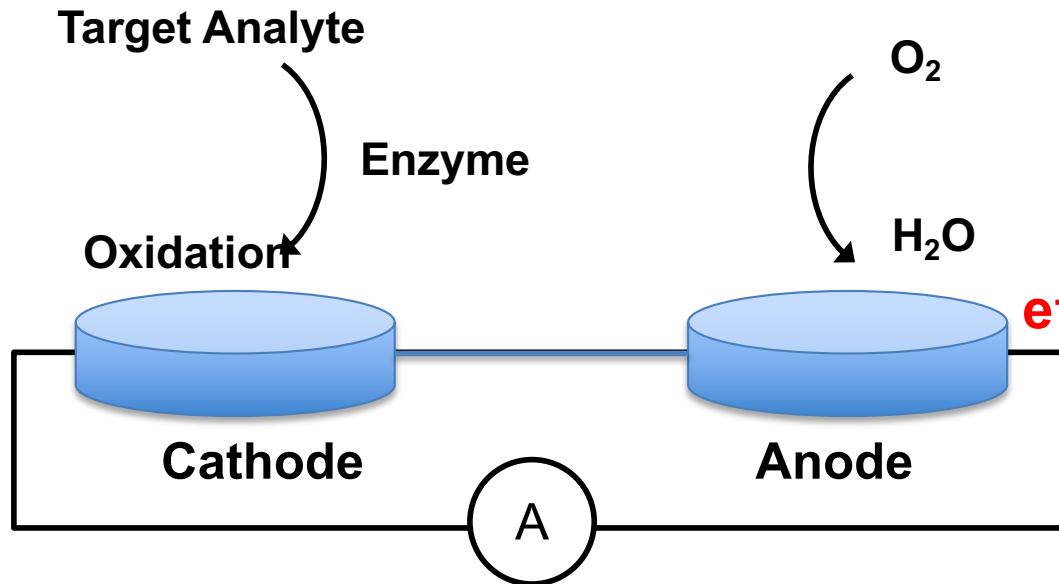


Wireless communication

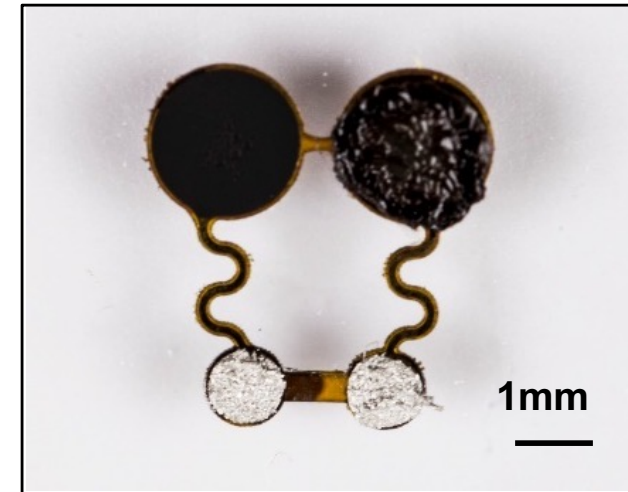


Amperometric Electrochemical Sensors

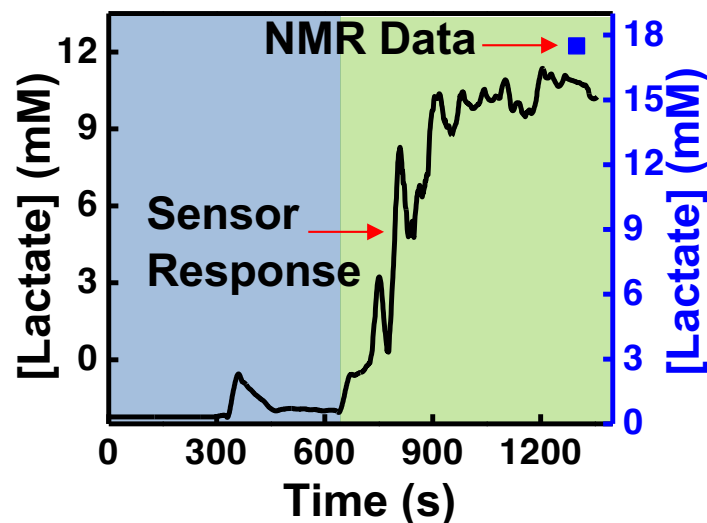
Working Principle



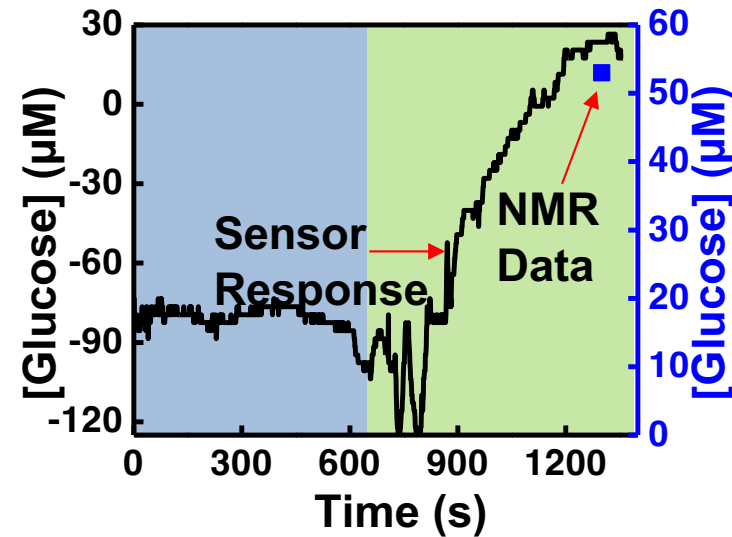
Electrochemical Sensor



Lactate

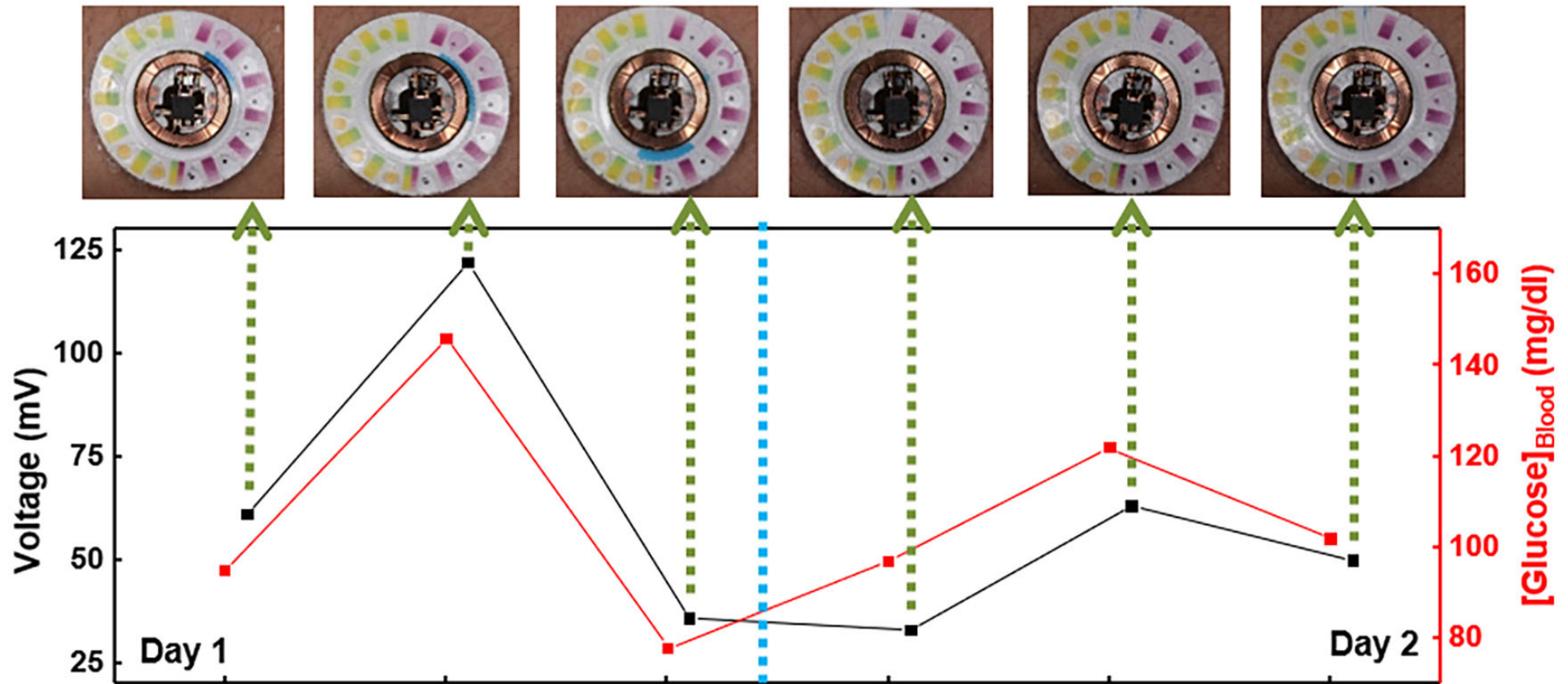


Glucose



Amay*, Gutruf*, Choi* et al., *Science Advances* (2019)

Long term test with blood glucose level



Approaching to the market

Patent of sweat sensor

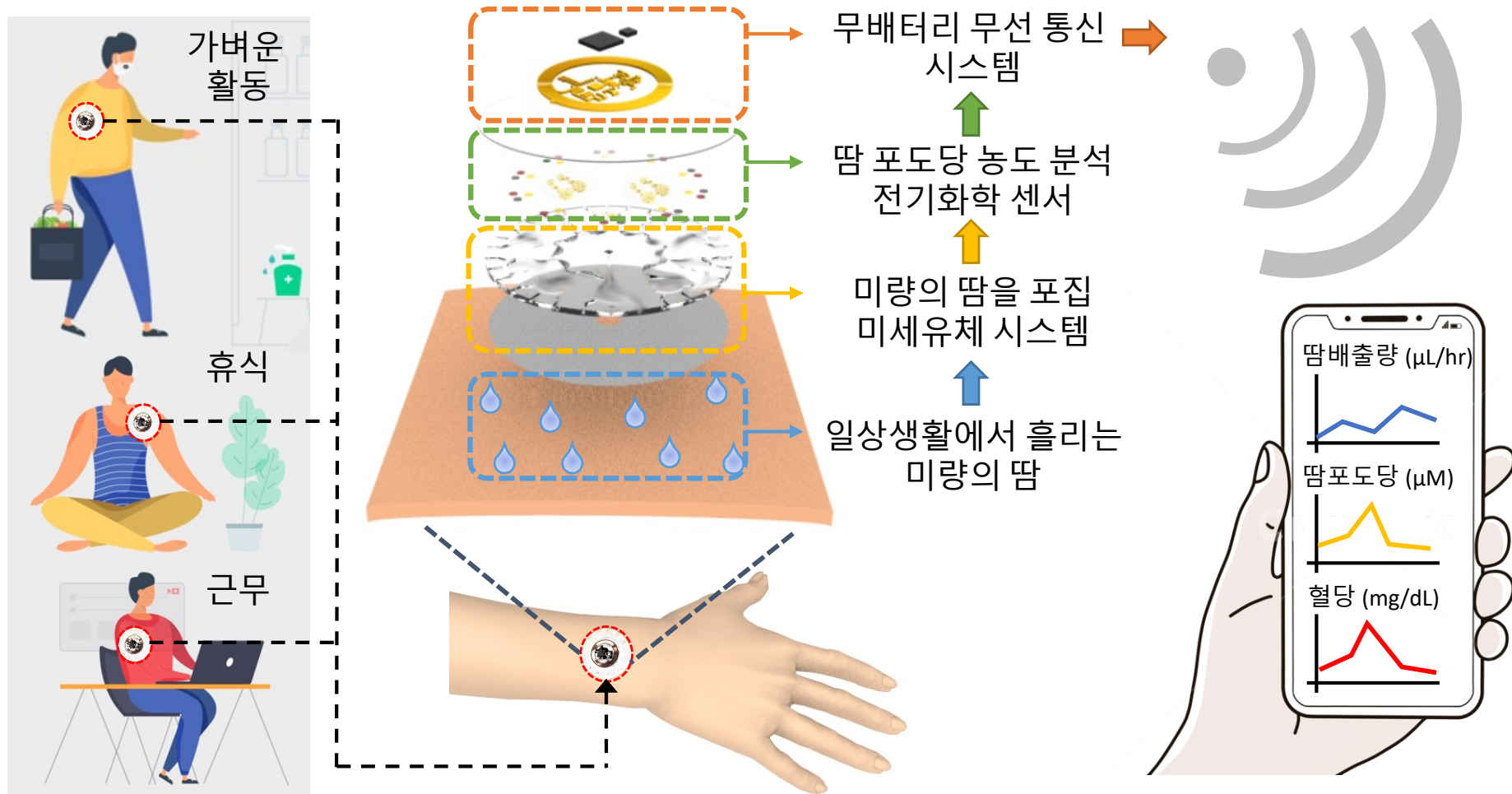


Meeting with (주) 올메디쿠스
2021.11.29



allmedicus

Wearable Sweat Sensor for Insensible Sweat



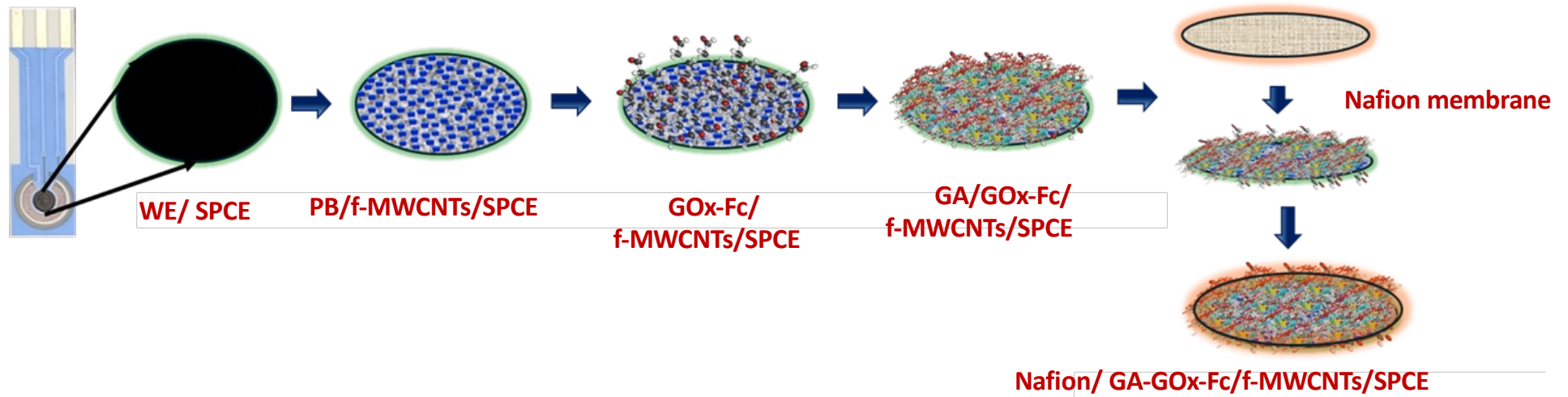
일상생활 속 흘리는 땀

미세유체 기반 센서를 통해 땀 포도당 분석

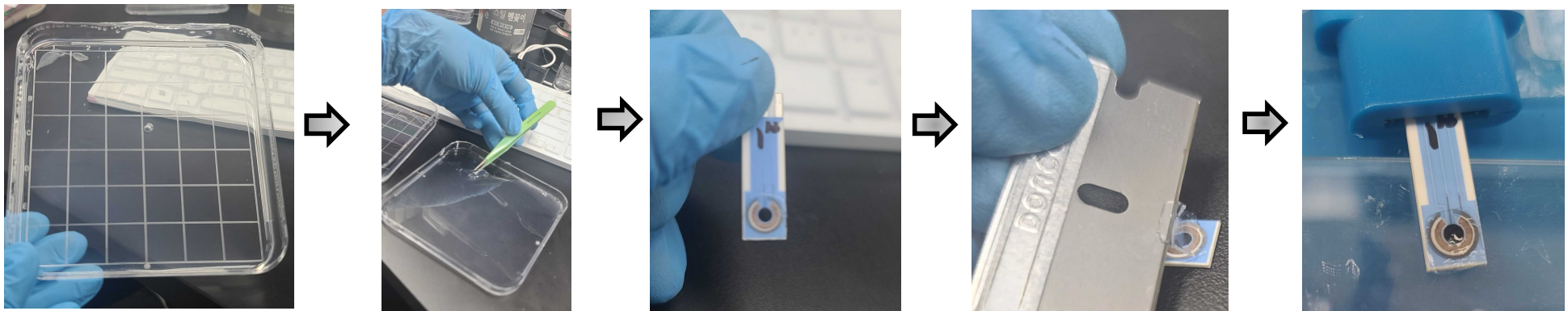
스마트폰으로 혈당 주기적 확인

Invisible Sweat Glucose Sensor

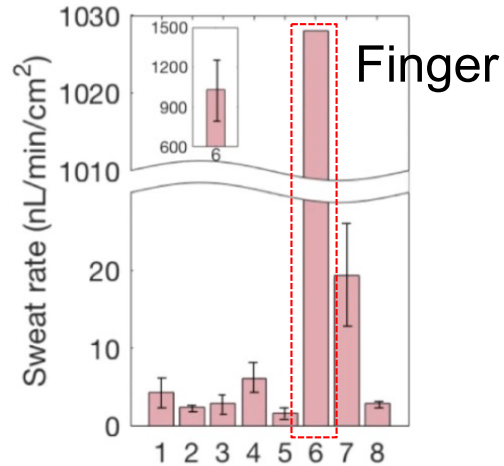
Fabrication of Glucose Sensor



Preparation of PVA- Agarose Hydrogel



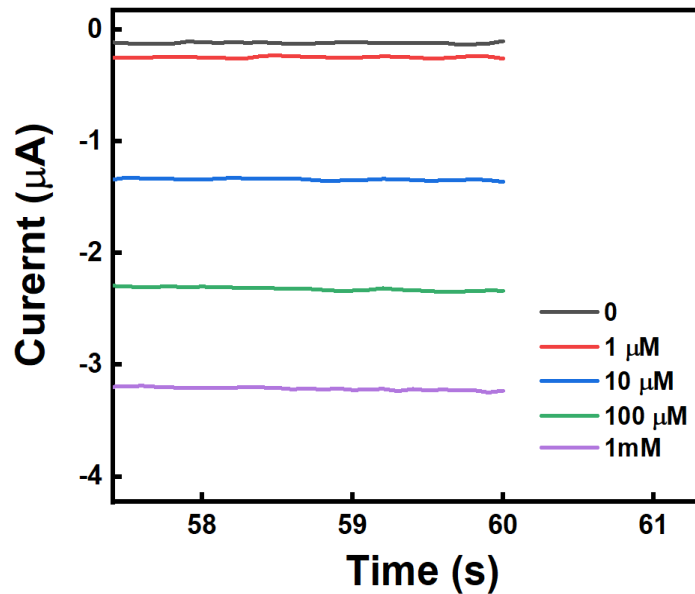
Performance of Sweat Glucose Sensor



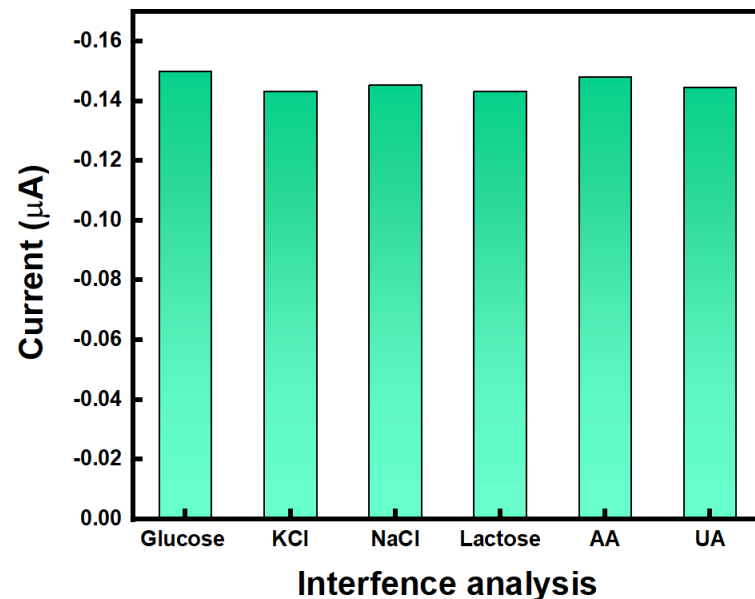
Nature Com. (2021) Location



Using 1 ul of Artificial Sweat

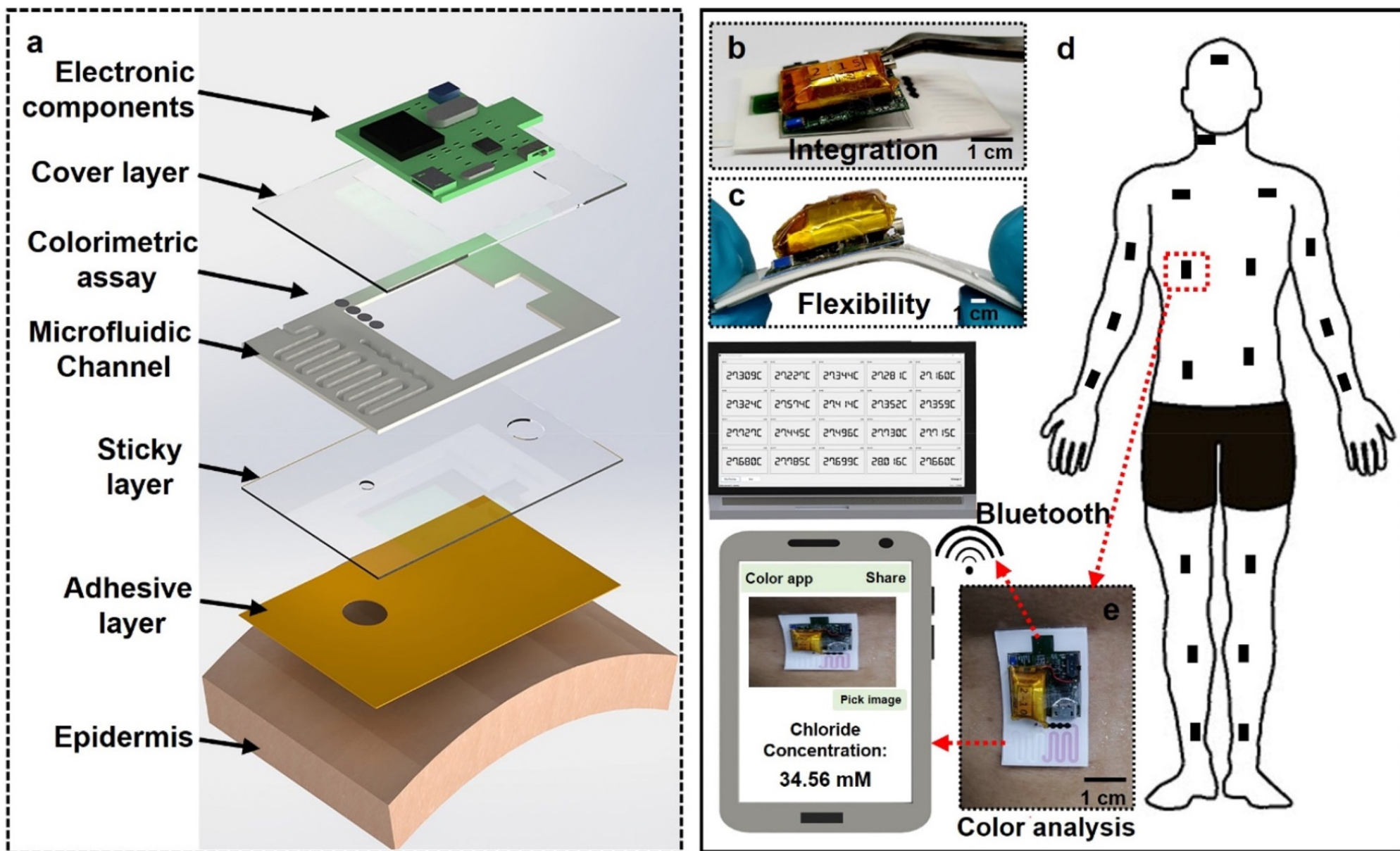


Electrochemical Signal
from difference Glucose Concentration

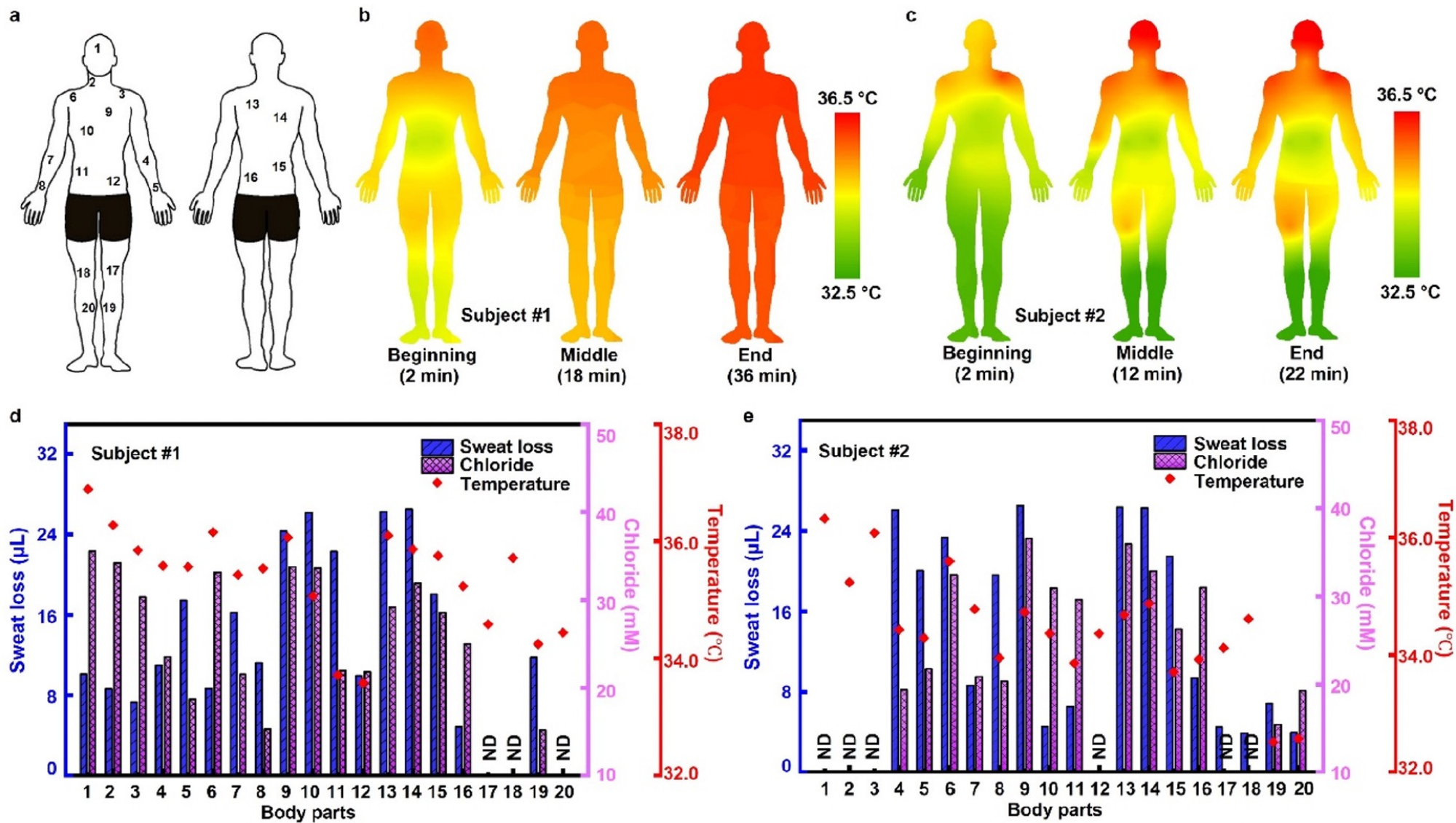


Unpublished

Measuring both Physical and Chemical Signal



Mapping sweat & body temperature

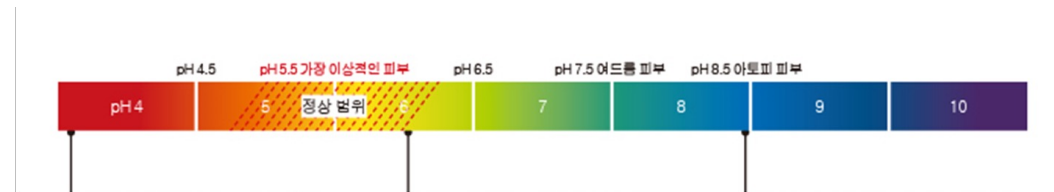


미세먼지, 피부, 화장품



에디터 이혜민

www.signaturema.co.kr



산성 피부 pH 5 이하

약산성 피부 pH 5.5

알칼리성 피부 pH 7.5 이상



맞춤형 기초화장품 체험 전시
(출처: 뷰티경제)

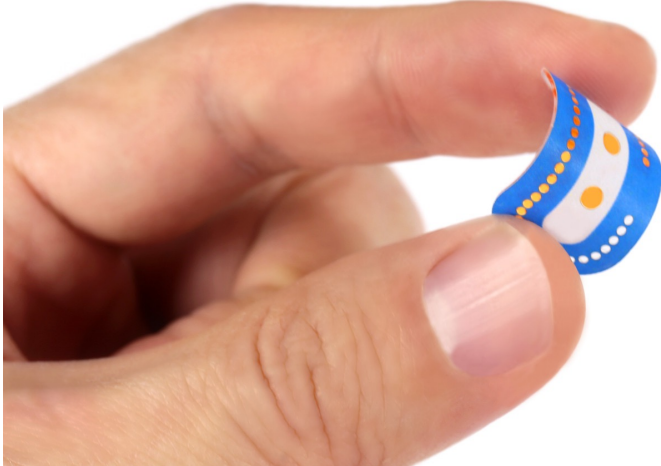
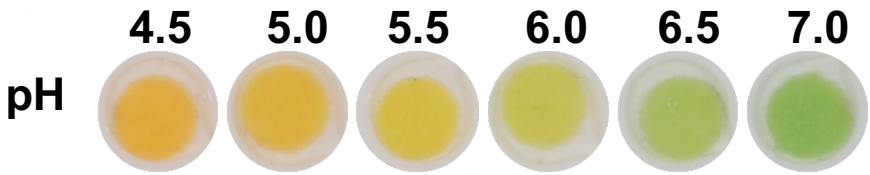


HANNA 스킨측정용 PH측정기 PH-99181 피부산도측정기

₩570,000 무료 배송 G마켓

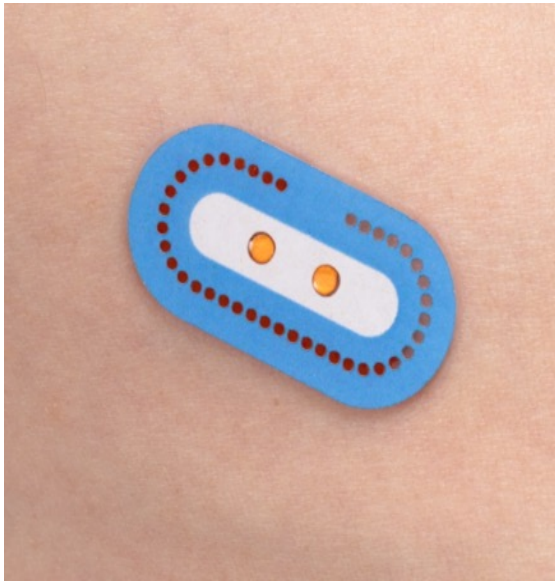
HANNA 스킨측정용 PH측정기 PH-99181 피부산도측정기

Wearable Skin pH Sensor with L'Oréal

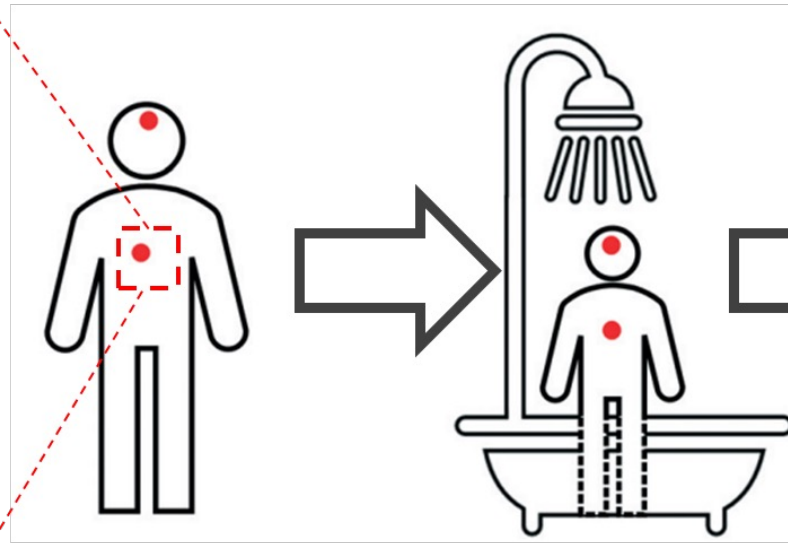


웨어러블 땀 센서를 이용한 pH 측정

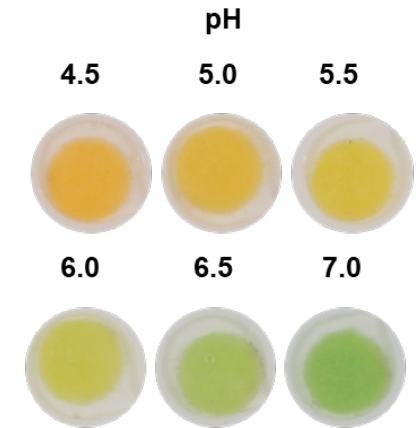
1. 스킨 패치형태의 땀 분석 센서



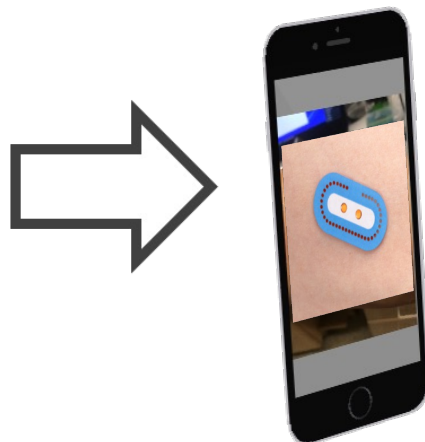
2. 온수 샤워 동안 땀을 채취 및 분석



3. pH 센서의 색상 변화



4. 스마트폰 앱을 통한 pH 분석 및 적합한 화장품 추천



LA ROCHE-POSAY
LABORATOIRE DERMATOLOGIQUE

MY SKIN TRACK

TODAY January 06, 2019

Humidity is low today, use all precautions to avoid further skin dryness & irritation by applying moisturizer often and liberally.

pH Level **Very High** 6.7

Water Loss (mg) **High** 450

UV Index **Moderate** 5

UV Exposure

Tips for your Skin

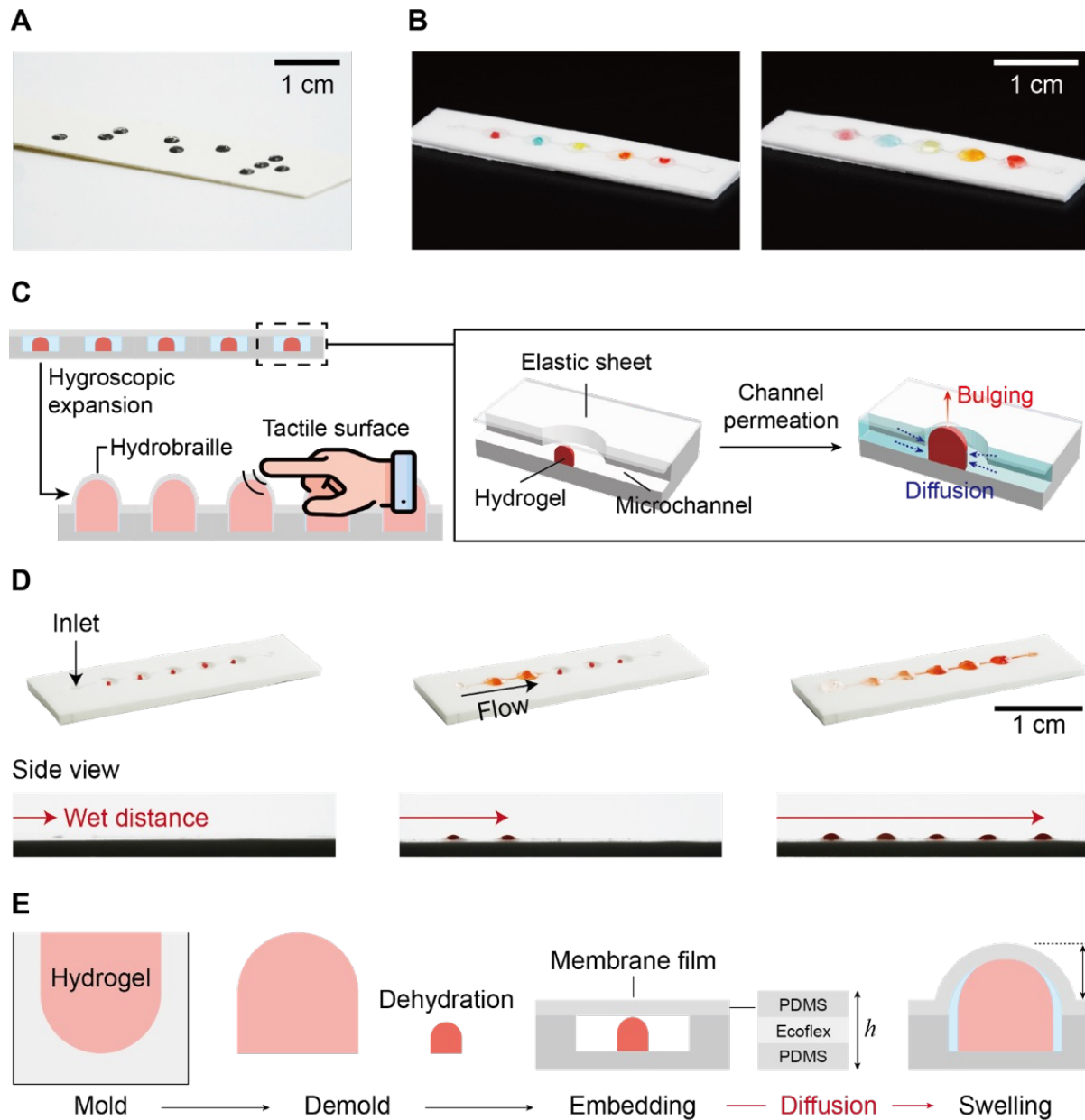
- Hydrating your skin is very important. Use a moisturizer twice daily on your face and body.
- Use a gentle, non-foaming face wash.

Recommended products

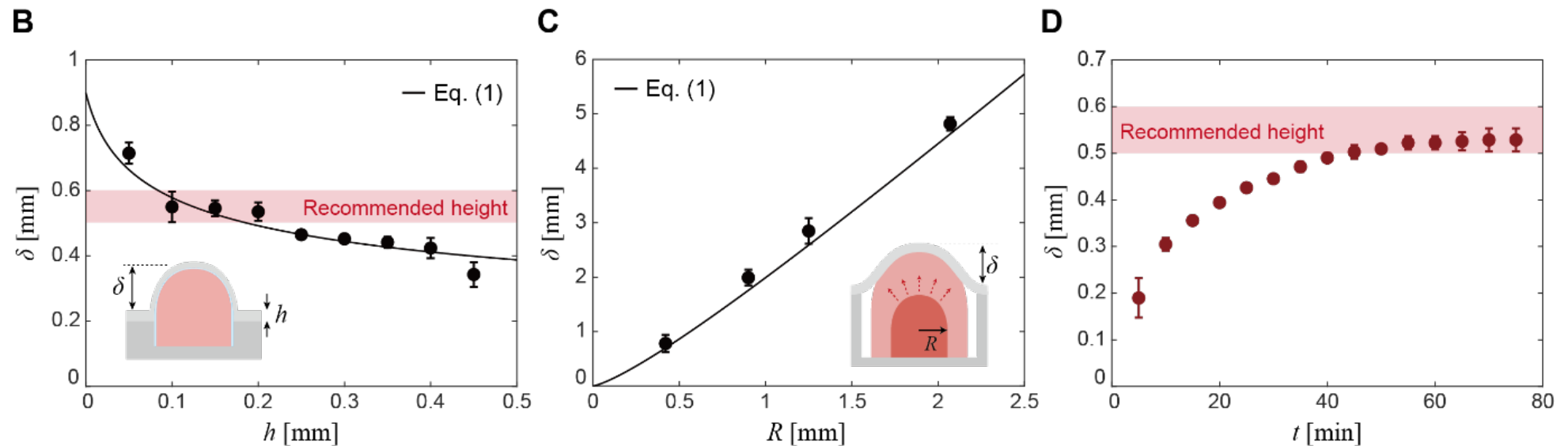
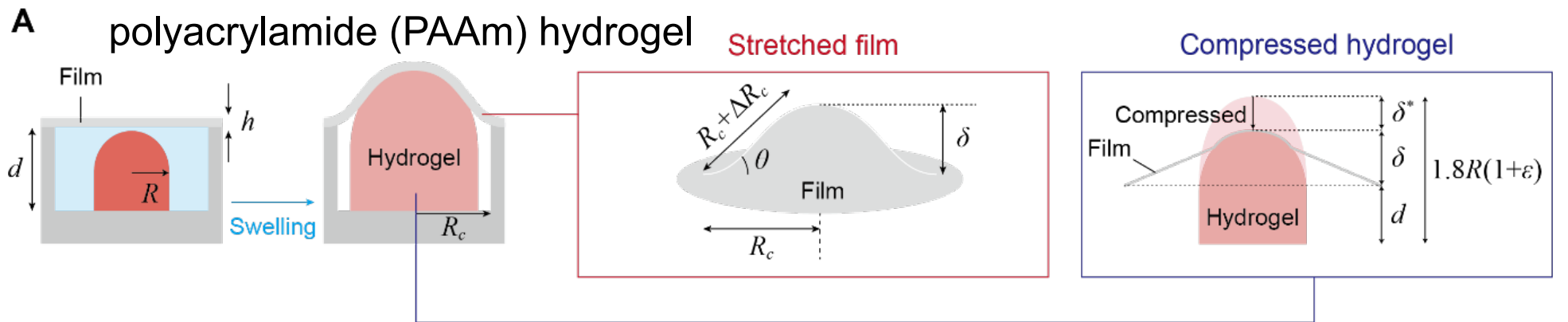
CLEANSE
Toleriane Dermo-Cleanser
pH balance Cleanser

MOISTURIZE
Lipikar Daily Repair
pH balance Moisturizer

Hydrobraille: A wearable tactile sensor

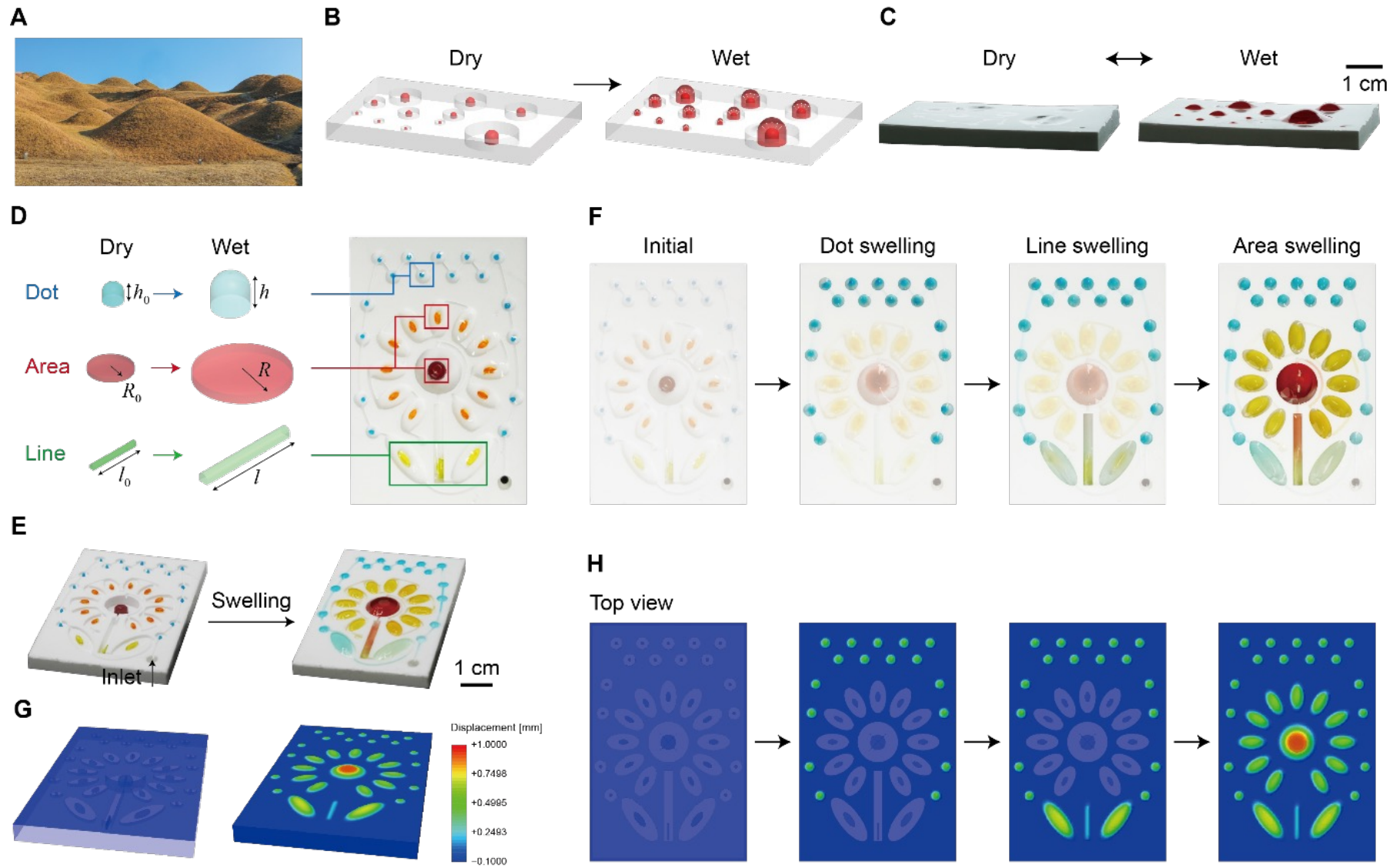


Mechanical modeling and analysis of Braille

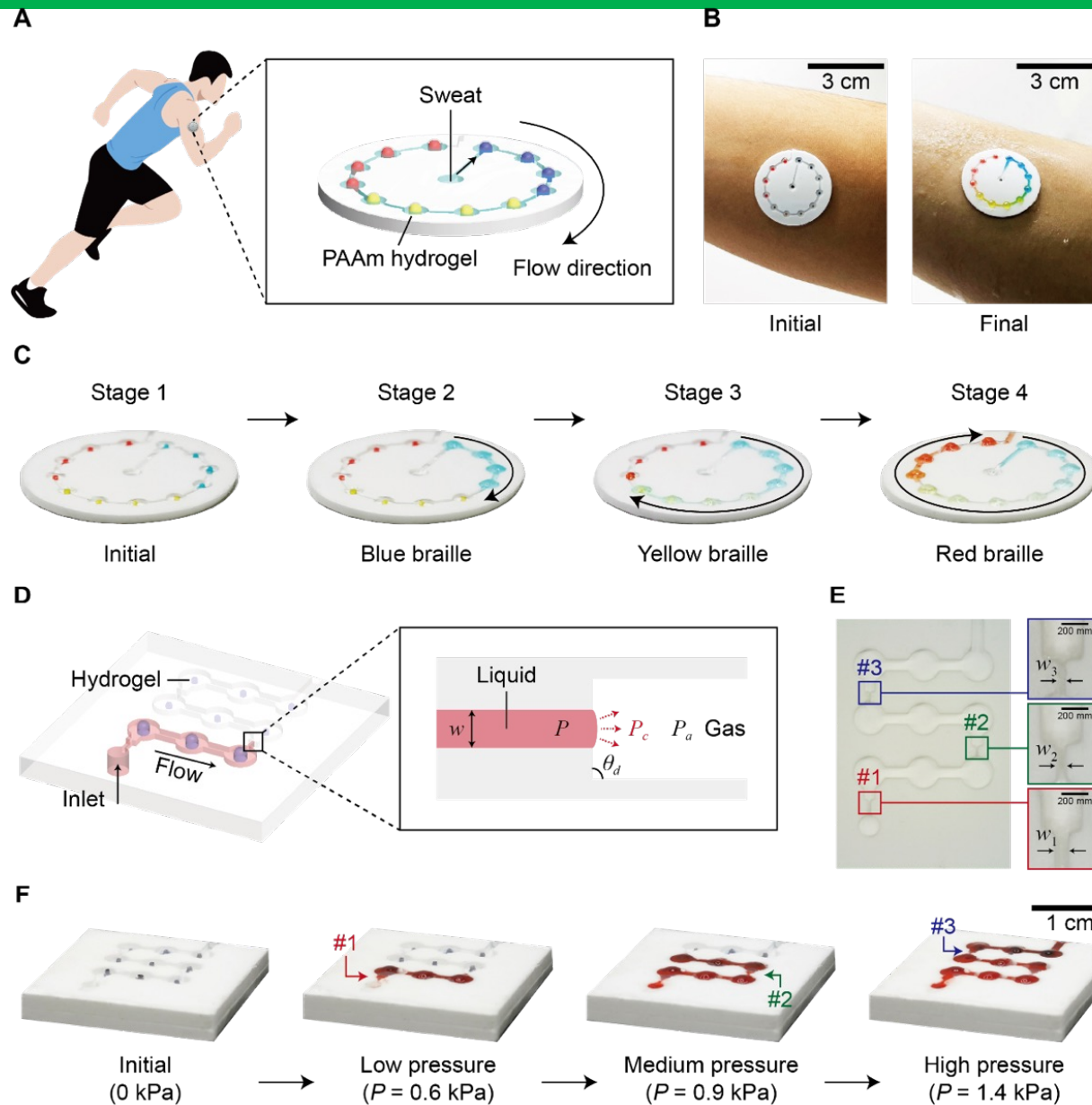


- PAAm hydrogel's crosslinked network with hydrophilic amide groups rapidly absorbs water while retaining structure.
- After drying, it shrinks, but rehydration causes significant swelling via osmotic and hydrophilic interactions.

Hydrogel-actuated tactile morphing surfaces



Applications of the hydrogel-based Braille



Sweat Asymmetry in Stroke Patients



- Sweating dysfunction is frequently encountered in autonomic failure
- Sweat asymmetry observed on forehead, chest, arms, and hand of stroke patients

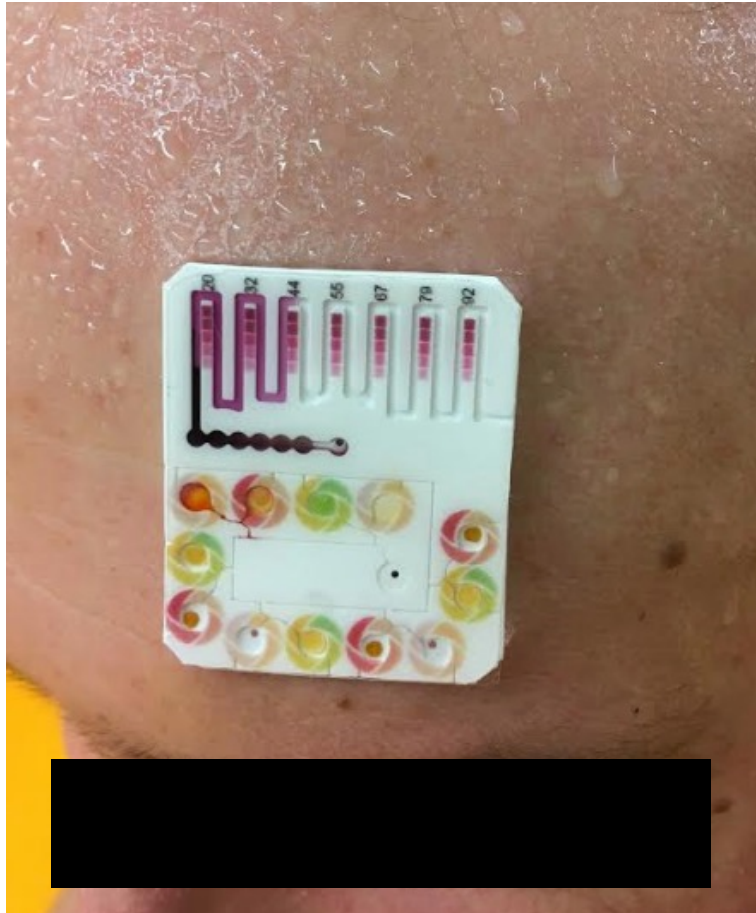
Korpelainen et al., Neurology (1993)



sralab.org

Sweat Analysis for Rehabilitation

Left forehead



Right forehead



Healthy subjects

Sweat Analysis for Rehabilitation

Left forehead



Right forehead

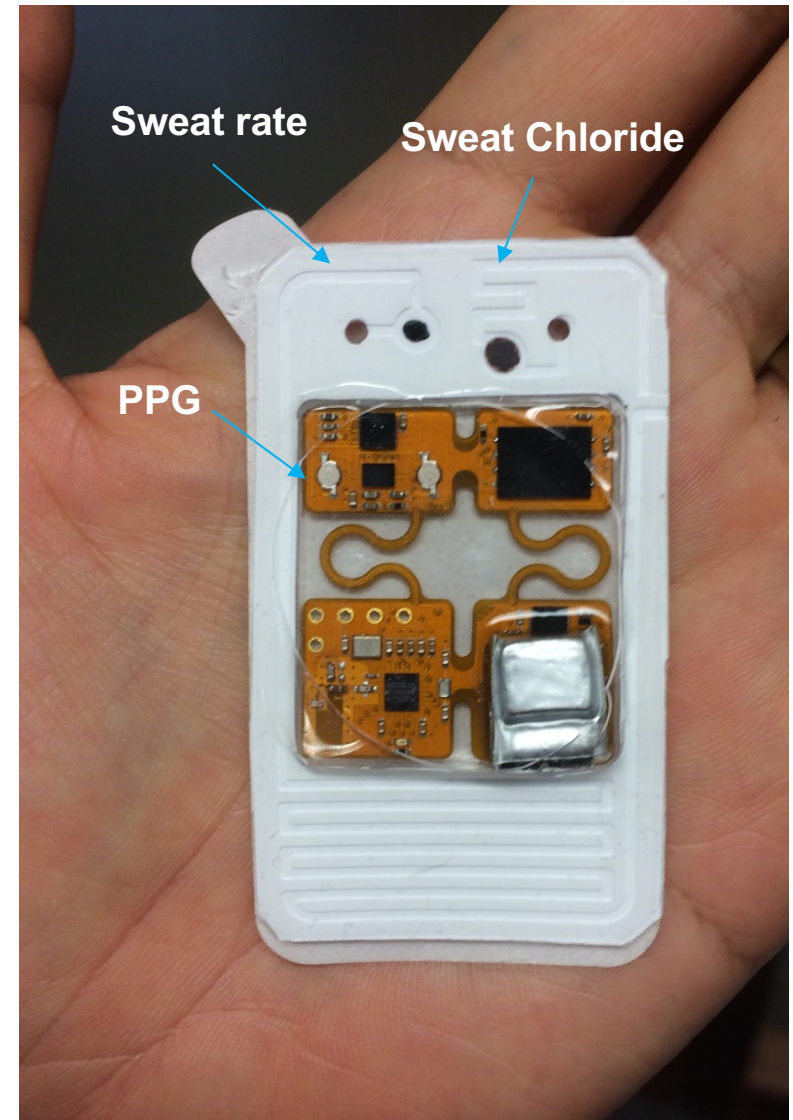
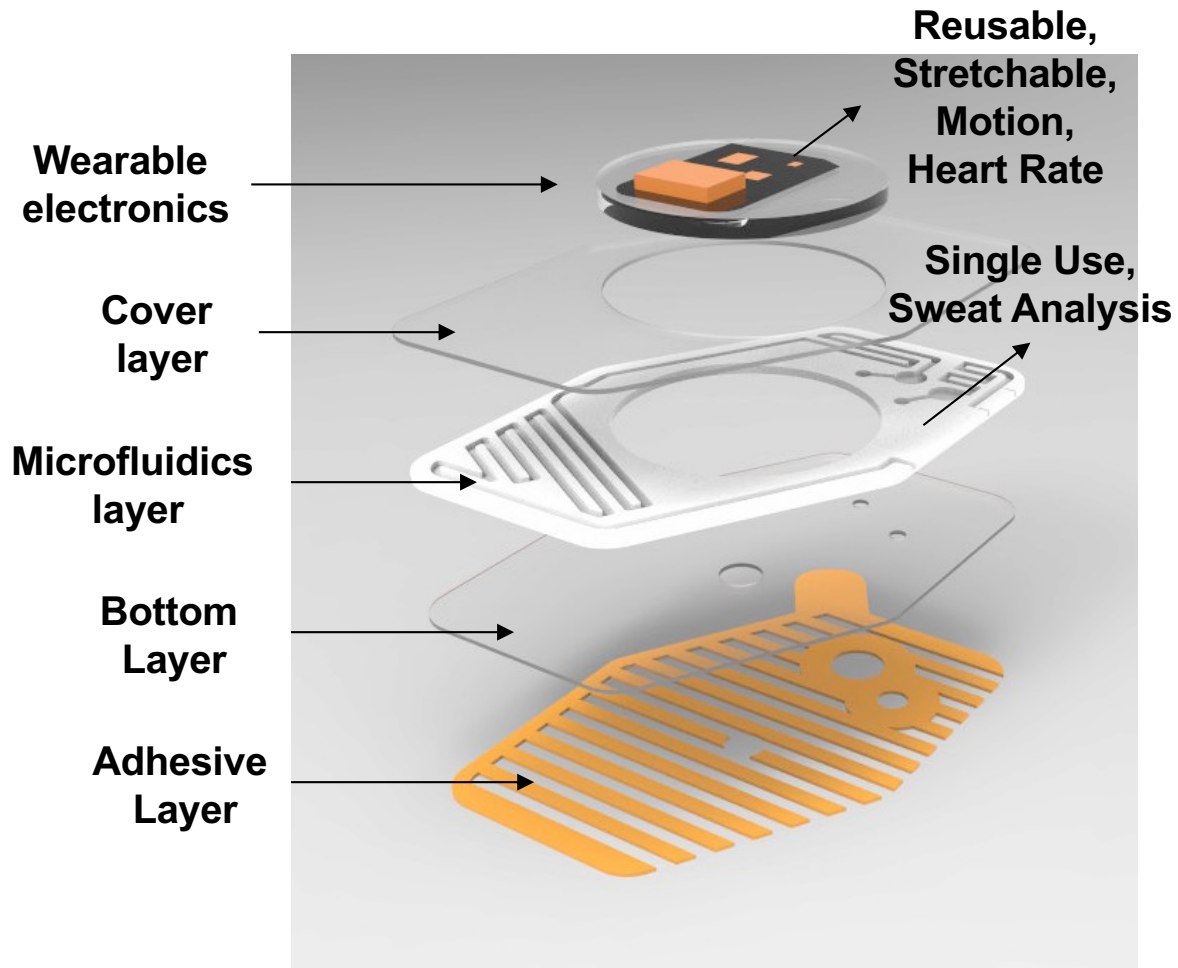


Stroke Patient

Sweat + Motion Analysis for Stroke Patients



Measuring both Physical and Chemical Signal



PPG: photoplethysmography

On Body Measurement

Elliptical Exercising



Acceleration & HR



Sweat rate and chloride



Acknowledgment



Collaborators

Prof. John Rogers
Prof. Jonghyun Ha
Prof. Anna Lee
Prof. Janghee Han

Lab Members

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Dr. S. Ramasamy
Giyong Lee
Cheonggyu Lee
Juyoung Hwang
Md. Sajjad Alam
(Currently at Ph.D. course at
Pennsylvania State University, USA)



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AJOU UNIVERSITY