

FORMAT & STRUCTURE

- GENRE: CULINARY & WELLNESS DOCUSERIES / TRAVEL / CULTURE / SLOW LIVING
- 3 SEASON //3 DESTINATION: KENYA, SRI LANKA, THAILAND.
- EACH SEASON EQUAL ONE COUNTRY, DIFFERENT STATES VISITED ALONG THE WAY AND ACTIVITIES.
- EPISODE LENGTH: 40 MINUTES MAX



SEASON LENGTH/ STRUCTURE

- EP1 - TRAVEL NEW DESTINATION : VISIT AND CHECK IN LUXURY WELLNESS RESORT IN THE CITY : A DAY IN THE LIFE
- EP2 - STREET EXPLORATION - FOOD SCOUTING AND TASTING
- EP3 - MEET THE LOCALS : FARMERS , CHEFS , COOKS, FOOD STORYTELLERS ,LOCAL CONTENT CREATOR
- EP4- SELF CARE - WELLNESS RESORT PROGRAM & ACTIVITY :(YOGA, PADDLE, SAUNA, MASSAGES , OZEN, COLONIC, FACIAL TREATMENT , DENTIST , ETC
- EP5 - LEARN TO COOK ONE OR TWO HYPER-LOCAL DISHES
- EP6 -CULTURAL ACTIVITY : MUAY THAI, KALARIPAYATTU, OR KENYAN KIRUMBIZI)
- EP7 - PUT A TWIST ON A TRADITIONAL DISH
- EP8 - COMMUNAL MEAL + REFLECTIONS + END OF SEASON

8 EPISODES PER SEASON