

The Ierapetra Health Runners Association is pleased to organize the Coast to Coast Race for the 6th on **March 21, 2027** .

A racing route of the most beautiful and picturesque in beautiful Eastern Crete. Starting from the beach of Pachia Ammos in the North Cretan Sea, it crosses the narrowest point of Crete and with the dazzling gorge of Ha in the background, passes through the village of Episkopi, heads to Pano Chorio and then descends to Kato Chorio. Following the main road, it turns and passes through Kentri with the final destination being the city of Ierapetra. Arriving in the city the last 4 kilometers is a small acquaintance with the city as it passes through its most important sights and ends up in Minos Park, now touching the southern Cretan Sea (Libyan Sea) and having completed a route that connects the north with the south coast of Eastern Crete!

Certified 5000m road race in the city of Ierapetra as well as a children's 1000m race.

- **Half Marathon Race 21,100 meters**
- **5,000 meters race**
- **5,000 meters Health & Power Walking Road**
- The **Health Runners Association of Ierapetra**, in collaboration with the **Region of Crete**, under the auspices of the **Municipality of Ierapetra**, announce Three **Road Races** and a **Health & Power Walking Road** The races will be held according to the following terms:

1. The starting point of the 21,100-meter Half Marathon is the beach of Pachia Ammos and the finish line is the Minos Park of Ierapetra. The transportation of the athletes will be done from Minos Park by buses of the organization strictly until 8 00 a.m.
2. The starting and finishing point of the 5000 m Road Race and the 5,000 m Health & Power Walking Race is the Minos Park of Ierapetra

Participation limit : for the safe conduct of the races, it is necessary to have a limit on the number of participants, so make sure you register in time.

Half marathon: 500 runners

5 km : 1200 runners and hikers

Children's races: 300 children

Timeline

Friday 19/3/2027	
Collection of number packages (COSMOS SPORT) 17:00 – 21:00	
Saturday 20/3/2027	
Collection of number packages (COSMOS SPORT) 9:00 – 20:00	
Sunday 21/3/2027	
Number Pack Pickup (Minos Park)	7:00 – 11:00
Start of the Half Marathon (Pachia Ammos)	9:00
Start of the children's race 1,000 m – 500 m.	9:40 – 9.50
Start for the disabled	11.20
Start 5km.	11:45
Dynamic walking 5 km – family run	11:50
Cup awards	12:45
End of match	13.30

3. Match Details:

a) Half Marathon Race (21.100.): Start Time: 9:00 a.m.

Description of the Route:

The route of 21,100 m starts from Pachia Ammos, at the central junction we turn towards Ierapetra and follow the main road having on the left side the imposing mountains of Thripti with the impressive gorge of the Athens Stock Exchange. At the 7th kilometer we leave the main road and turn towards the village of Episkopi, pass through Episkopi and head through another junction to Kato Chorio. At the 8th kilometer we leave the main road and ascend to Pano Chorio, while reaching its small square we make a U-turn and descend to meet Kato Chorio. At the 10th kilometer we come out again on the main road following the route to Ierapetra. At the 13th kilometer we leave the main road and head towards Kentri, while then and after leaving the village behind us we come out again on the main road. Immediately after the 15th kilometer we turn left and exit the ring road (Ioannou Kapodistrias), then reaching the provincial road of Ierapetra – Sitia we head right and after 250 meters we turn left to exit the coastal pedestrian street of the city. Then we enter the port and arriving at the lighthouse we make a U-turn, pass by the site of the naval battle, head to the mosque and pass through the narrow streets of the old town in front of the church of Agios Spyridon and the Patron Saint of the city Agios Georgios. Runners will head to the new pedestrian street and continue along the city parallel to the coastal road, finishing at Minos Park. There will be electronic timing and refreshment stations at the 4th, 8th, 12th, 16th & 20th kilometer while at various points there will be SEGAS judges as the route is certified. In each village there will be a welcome and music from the local clubs. In order to participate in the 21,100 meter Road Race, one must be at least 18 years of age. **The maximum duration of the half marathon is set at 3 hours, then the athletes run at their own risk (passage of 10km in 1 hour 20 minutes, end of the race 12:00 a.m.).**

DISTINCTIONS – PRIZES

The first three and the first three of the general classification with a medal and a cup will be awarded, as well as the first three of each age category (men and women).

BASED ON DATE OF BIRTH.

Inclusion in the age category is based on the year of birth and not on the basis of the day of birth.

AGE CATEGORIES – AWARDS

Men:18-29, 30-39, 40-49, 50-59, 60-69, 70+

Women: 18-29, 30-39, 40-49, 50-59, 60-69, 70+

Cash prizes

Location	Men	Women
1st	300	300
2nd	200	200
3rd	100	100

The first three and first residents of Ierapetra will receive gift vouchers from the businesses of our city

The type of gift vouchers will be announced 10 days before the match

(b) **Road 5,000m. Start Time: 11:30 a.m.**

c) **Health & Power Walking Race 5,000 meters (non-competitive)**

The 5,000m route starts from the Minos Park of Ierapetra in the direction of the Metropolis. Passing through the Metropolis, it makes a turn and comes out on the coastal pedestrian street towards the castle. Then it enters the port and arriving at the lighthouse makes a U-turn, passes by the point of the naval battle, heads towards the mosque and passes through the narrow streets of the old town in front of the church of Agios Spyridon and the Patron Saint of the city Georgiou. Runners will head to the new pedestrian street and continue along the city parallel to the coastal road, finishing at Minos Park in Ierapetra. There will be electronic timing and a refreshment station at the 2.5th kilometer. The route is without altitude change and is certified. SEGAS judges will be present along the entire length of the route

DISTINCTIONS – PRIZES

The first three and the first three of the general classification will be awarded with a medal and a cup (**for the 5000 meter road race**)

All runners who finish will be awarded an original commemorative medal.

d) Children's race 1000 meters

Start Time:9:50 a.m.

The participation for the children's race amounts to the symbolic amount of 5 euros

A circular route starting and finishing at Minos Park

Participation in the race of minor children requires the approval of the parent for the participation of his minor child by filling out a consent form without electronic timing

All children will be awarded a commemorative medal and a technical t-shirt.

FAMILY RUN

The Coast to Coast Race for another year is becoming a story... family! For the second time, as part of the event, the Coast to Coast Family Run will be held — a joyful, non-competitive 5km race for parents and children who want to experience the magic of running together! There are no first and second parties. Only smiles, applause and memories that remain! Family Run is designed to unite generations and show how running can be a celebration, a game and a way of life.

Cost 12 adults 5 euros children

(minimum 1 parent , 1 child)

4. Registrations – Registration Methods – Types of Registration

4.1 Registrations

The electronic **registrations** for the Games **will be completed as soon as the prescribed positions of the runners are completed**

PARTICIPATION FEE:

21.1 KM

GOLD PACKAGE 35€ until 31/1/2027 - 37€ from 01/02/2027

BASIC PACKAGE 22€ until 31/1/2027 - 25€ from 01/02/2027

5 KM

GOLD PACKAGE 25€ until 31/01/2027- 30€ from 01/02/2027

BASIC PACKAGE 12€ until 31/01/2027 - 15€ from 01/02/2027

1000 meters race 5€

Race for the Disabled Free

4.2 Registration Methods

You can register:

a. By online registration at the email address

(site)

Group Registrations

For information about group registrations you can contact the organizing committee of the race.

Information

tel Dimoulas Konstantinos.: 6979728858

5. *Payment Methods*

By deposit in a bank account with Eurobank

Account Number : 0026.0164.24.0200673155

IBAN: GR6202601640000240200673155

Payment by card click HERE: <https://livepay.gr/el/payments/sdy-ierapetras/>

After registration, there are no cancellations with a refund after 1/2/2027.

After the numbering in the lists of runners, no changes are made to the distance or name.

Health Coverage

At the start, along the route, as well as at the finish, there will be first aid health stations. Also, for the safer conduct of the race, there will be a doctor who will monitor its development.

Medical examination : In any case, all competitors participate at their own risk. The organizers have no responsibility for what happens during the race regarding HEALTH issues due to lack of preventive medical check-ups. Athletes under the age of 18 participate under the responsibility of their parents.

6. *Support Stations*

a) Road Race 21,100 m (start time 9:00 a.m.)

Along the route of the Road Race at the 4th, 8th, 12th, 16th & 20th km. There will be support stations for athletes.

Bottled water will be available at the start, finish as well as at the stations of the route.

AT THE FINISH: water will be available, as well as snacks – offered by the sponsors of the race and the cultural associations of the area.

b) Road race 5,000 m and People's Road of Health and Power Walking 5,000 m (start time 11:30 am)

Bottled water will be available at the start, finish as well as at the 2.5th km station. of the route.

Toilets will be available at the start and finish.

7. Time Limit for Completing Matches

The finish time limit for the 21,100 m road race is 3.0 hours (passage of the 10 km in 1 hour 20 minutes and end at 12:00 a.m.) and for the People's Health and Power Walking Race of 5,000 m is ninety minutes. After the predetermined end time of the races, runners are obliged to move on the sidewalks at their own risk.

8. Electronic Timing – Results

The electronic timing of the races as well as the publication of the results has been undertaken by an official timing company. For this reason, all participating runners should carry their participation number with the timing chip, which they receive from the race secretariat.

Electronic control and timing mats, for recording the times there will be:

Road Race 21,100m.: at the start, at the 12th km. and at the finish.

5,000 m road race and 5,000 m People's Health and Power Walking Race: at the start and at the finish.

As well as control at various points by the race supervisors.

Competitors who do not display an electronic indication at the above mentioned points will not be ranked.

9. Race Secretariat – Receipt of numbers and sports equipment

Friday 19.3.2027 17:00 – 21:00 (Cosmos Sport)

Saturday 20/3/2027 9.00 – 20.00 (cosmos sport)

For runners **participating outside Ierapetra**, it will be possible to receive their participation number and equipment, on **Sunday 21.3.2027, from 7:00 to 8:00 a.m. for the half marathon and from 8:00 to 11:00 for the other races** at the secretariat of the races at Minos Park in Ierapetra.

Athletes' locker rooms will be in a covered area near the starting point along with toilets. The storage of the athletes' personal belongings will be done in a guarded area by the organizers of the race.

10. Accommodation.

Specific hotels (seaside and in the city) will provide special prices to athletes who choose to spend the night in Ierapetra (before and after the race). More information in the organizing committee.

11. General Terms

Only validly and timely registered runners can participate in the races of the event. The races are held on the day that has been set regardless of weather conditions. The personal information provided by the participant when submitting the application form is absolutely true.

Participants in the event consent to be photographed during the day and times of the race by photographers of the event, as well as to the taking of their image during the videotaping of the event. Participants in the event agree to the use of these downloads and their reproduction in combination with their name.

The photos and videos of the participants are posted on the website of the Ierapetra Health Runners Association, are visible to anyone interested and remain as such without time limit.

The participation numbers are received in person by the registered runners exclusively from the Secretariat of the race, on the days and hours of its operation, upon presentation of an identity card or other legal identification document. The registered runner can authorize another person to collect their personal entry number from the Registration Center.

To those runners who declare their e-mail address. e-mail, a message will be sent to receive their participation number.

Any violation or non-compliance with the rules of the race results in the exclusion of the participant from the race and his deletion from the results of the race.

The bib number is personal and cannot be transferred, transferred, or given to another runner.

Participants must have read and respected the instructions they have received from the Organizing Committee of the race either electronically or in printed form throughout the period leading up to the race (e.g. Technical Instructions, Race Schedule, etc.) and which have also been posted on the club's website.

The official time is the time since the start horn. Net time is the time from the moment the participant passes the starting mat until its finish.

The race standings are derived from the official finish times. Net time and split times are only shared for the cursor to be informed.

The Ierapetra Health Runners Association guarantees that it will not collect, register, store, use, reproduce, transmit, disseminate and in general process in any way Personal Data in any form, other than that which is absolutely necessary for the fulfillment of its obligations, in accordance with the terms of the main contract, as in force.

Organizing Committee:

Tzortzakis Nikos	6977660916	(General Superintendent of the Race)
Achlatis Katerina	6974111507	(Secretariat)
Maniadakis Giannis	6937376890	(Match security manager) Giakoumakis
Giorgos	6944680611	(Head of material – volunteers)
Achlatis Marina	6986597976	(Contact Person)
Dimoulas Konstantinos	6979728858	(Head of finance-registrations)

We are waiting for you in Ierapetra for our race.